



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

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***Cathedral Parish Vision: "People of Christian faith –
Encouraging connection between the Divine and the everyday.***

**28th January
Epiphany 4**

Sunday Bulletin Welcome ! - Wuman njinde

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Australia Day

We bless you, God of the universe,
for this land,
for its contrasts of landscape and climate,
for its abundance of wealth and opportunity.

We bless you for our history,
with all its struggles in adversity,
its courage and hope.

Give us in our diversity
tolerance and respect for each other
and a passionate commitment to justice for all.

Bless us so that we might be a blessing to others.
We ask this through Jesus Christ our Lord. **Amen.**



Hymn 8am TiS 402 Come gracious Spirit
10am TiS 201 King of glory King of peace

Sentence from Scripture

Jesus went about all the cities and villages, teaching in their synagogues and proclaiming the good news of the kingdom, and curing every disease and every sickness. *Matthew 9.35*

Prayer of the Day

God of compassion,
you have shown us in Christ
that your love is never ending:
enable us both to love you with all our heart
and to love one another as Christ loved us.
Grant this through our Lord Jesus Christ,
who lives and reigns with you and the Holy Spirit,
one God, for ever and ever. **Amen.**

Prayer for St Paul's

**Come Holy Spirit breathe through us:
Enable us to know and make known the connection between You and
the everyday.
Help us to be relevant and approachable to the community,
to engage inclusively with them and each other,
and to stay connected with you.
Enable us to show Christ's unconditional love in action.
This we ask in Jesus name, Amen.**

A Reading from the Book of Deuteronomy

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: 'If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die.' Then the Lord replied to me: 'They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak—that prophet shall die.' *Deuteronomy 18.15-20*

Hear the word of the Lord. **Thanks be to God.**

Psalm 111

O praise the Lord. I will praise the Lord
with my whole heart:

**in the company of the upright
and among the congregation.**

The works of the Lord are great:

and studied by all who take delight in them.

His deeds are majestic and glorious:

and his righteousness stands for ever.

His marvellous acts have won him a name
to be remembered:

the Lord is gracious and merciful.

He gives food to those that fear him:

he remembers his covenant for ever.

He showed his people the power of his acts:

in giving them the heritage of the heathen.

The works of his hands are faithful and just:

and all his commandments are sure;

They stand firm for ever and ever:

they are done in faithfulness and in truth.

He sent redemption to his people,

he ordained his covenant for ever:

holy is his name and worthy to be feared.

The fear of the Lord is the beginning of wisdom,
and of good understanding are those

that keep his commandments:

his praise shall endure for ever.

A Reading from The First Letter of Paul to the Corinthians

Now concerning food sacrificed to idols: we know that ‘all of us possess knowledge.’ Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that ‘no idol in the world really exists’, and that ‘there is no God but one.’ Indeed, even though there may be so-called gods in heaven or on earth—as in fact there are many gods and many lords— yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we

exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. ‘Food will not bring us close to God.’ We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling-block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall. *1 Corinthians 8.1-13*

Hear the word of the Lord. **Thanks be to God.**

Gospel Hymn 8am TiS 158 God has spoken

10am TiS 638 O Christ the healer *omit verse 3*

The Gospel of our Lord Jesus Christ according to Mark

Glory to you Lord Jesus Christ.

They went to Capernaum; and when the sabbath came, he entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, ‘What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.’ But Jesus rebuked him, saying, ‘Be silent, and come out of him!’ And the unclean spirit, throwing him into convulsions and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, ‘What is this? A new teaching—with authority! He commands even the unclean spirits, and they obey him.’ At once his fame began to spread throughout the surrounding region of Galilee. *Mark 1.21-28*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Offertory Hymn 8am TiS 283 Long ago

10am TiS 640 Kneels at the feet

Final Hymn 10am TiS 673 MP There is a redeemer

Prayers:

- For missionaries/agencies: ABM, CMS, BCA, Rich & Julie, 123 Project
- For Bishop Kay Goldsworthy and family
- For the Diocese of Gippsland, Bishop in Council and the Registry Staff, Brian, Annette, Kellie, Sue and Dave
- For Dean Susanna Pain and Rev'd Nikolai Blaskow
- For the Ministry of Anglicare within the Diocese of Gippsland and Cathrine Muston, Community Development Officer
- For *mainly music* and Tadpole Playgroup leaders as they plan 2018

For those in special need: Lisa C, Andrew G, Heather C, Henry, Xavier & Matthew K, Leanne, Loz,, Libby

For those who mourn.

At the time of choosing a bishop

Eternal God, shepherd and guide,
in your mercy give your Church in this diocese
a shepherd after your own heart
who will walk in your ways,
and with loving care watch over your people.
Give us a leader of vision and a teacher of your truth.
So may your Church be built up
and your name glorified;
through Jesus Christ our Lord. Amen.



Cathedral Prayer Chain Requests

Please contact Naomi McDonald 5144 5922 Kerrie Smith 51456783

The prayer chain is for anyone in need of prayer



From the Dean

Mark 1:21-28 This passage takes the shape of a sandwich. It begins and ends with comments about Jesus' authority as a teacher (1:21-22 and 1:27-28). In between is an exorcism (1:23-26). Seeing these themes together, we are invited to find a connection between Jesus, the teacher and Jesus, the exorcist, and this is critical, because this is the first episode in Jesus' ministry which Mark recounts after the call of the disciples. Following the conventions of ancient writing we would expect the passage to hold important clues about what is to come - Jesus the teacher, and Jesus the exorcist.

Mark's Jesus brings liberation at a number of levels. The central thing is enabling people to be how God made them to be, teaching them, freeing them. That involves addressing powers and gods that enslave.

For us, this means creating the space, the 'synagogue', where our madness can come face to face with the holiness of Jesus, the love of Jesus, the truth of Jesus. That also means coming to terms with our own madness.(with ideas from William Loader:

<http://wwwstaff.murdoch.edu.au/~loader/MkEpiphany4.htm>)

May God bless you with discomfort at easy answers,
Half-truths, superficial relationships,
So that you will live deep within your heart.

May God bless you with anger at injustice,
Oppression and exploitation of people,
So that you will work for justice, equity and peace.

May God bless you with tears to shed for those who suffer from
Pain, rejection, starvation and war,
So that you will reach out your hand to comfort them and change
Their pain to joy.

And may God bless you with the foolishness to think
That you can make a difference in the world.
So that you will do things which others tell you cannot be done. Amen.
(From Celtic Daily Prayer: Book Two Farther Up and Farther In, 2015.)

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[\(https://www.northumbriacommunity.org/offices/morning-prayer/\)](https://www.northumbriacommunity.org/offices/morning-prayer/)

Susanna

News and Events

There will be a memorial service on the 29th of January at 11am at Gippsland Grammar School for the late **Rev'd Caroline Nancarrow**.

St Paul's Men's Breakfast Group will meet on Saturday February 10th at 8.00am at the Triple F Cafe for their fellowship meeting, then on Saturday March 10th in the Delbridge Hall with guest speaker The Rev. Nikolai Blaskow.

An Invitation: Ladies, the **KYB** study for this term is Genesis chapters 1-11. On Monday Jan 29, 10-11.30am in the Presbyterian Church 89 Dundas St Sale there will be morning tea and an introduction to the study. Speaker Ro Verspaandonk. All ladies welcome whether or not you attend KYB.

The **Friday Afternoon group** has room for more members. We meet at 73 Lansdowne St each Friday during term time to read and discuss the readings for the following Sunday. Time 1.45. Ro 51444514

From Cathrine Muston Anglicare Community Development Officer: See notice board for the flyer for **Get Out For Good** training that is happening in Warragul on February 5th. If you have people interested in volunteering for this ministry but they can't make the date, or can't make it to Warragul, please ring Catherine to discuss alternative dates/places.

<https://australianstogether.org.au/discover/respond/australia-day/aussie-pride-or-pain/> This is a link to the website of Australians Together, a Christian organisation that explains what all the **fuss is about Australia Day**. This resource is very clear and non-political helps understand why January 26 as a day of celebration is a problem for some people. If you would like further information call or email Cathrine on : (03) 51369112 m: 0458 450 370 Cathrine.Muston@anglicarevic.org.au

Mission Helpers are collecting Christmas Cards, Birthday Cards and any other type of card for CMS to help raise funds for their aid to Medical Mission Auxiliary. Could you please leave cards at the Cathedral office or give to Robyn. Thanks for your help. *Robyn Bruhn*

Internet Bank Transfer: Cathedral's ministry and mission
BSB 013-795 Account no: 4962-98866 Ref: Offering or ? ?? guttering!!??

Internet Bank Transfer: St Paul's Building Fund (new for 2017)

BSB 705 077 Acc no: 000 409 69 NO reference needed

Cheques made out to Anglican Diocese of Gippsland

VOLUNTEER ROSTERS for the coming week

Morning Tea: 8am: M Hector / W Lucas **10am:** N Ingle / J Sawers

February Flowers: Lyn Ruff

Readings for 4th February

1st - Isaiah 40.21-31 2nd - 1 Corinthians 9.16-23 **G** - Mark 1.29-39

Weekly Diary of Church Activities

29th Monday

11am A Service of Thanksgiving for of Caroline Nancarrow **at GGS**

30th Tuesday

11.30am *mainly music* meeting

1.45pm Wake (only) in Hall

31st Wednesday

7.45am Meditation Group in Lady Chapel *'pre' stretching at 7.30*

1st Thursday

11.00am Service at Ashleigh House

5.30 pm Meditation Group in Lady Chapel

2nd Friday

Out Centre Services

Today: 2.30pm St Mark's Loch Sport

Next Sunday: 10.30am St Anne's Golden Beach

Coming up:

13th Feb: Shrove Tuesday – Pancakes!

14th Feb: Ash Wednesday

18th Feb: Lent 1

Sunday Bulletin: Christine Morris 51444979 cmorris@wideband.net.au

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. The New Revised Standard Version, Nashville, TN Thomas Nelson Publishers 1989.

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