



# St Paul's Cathedral, Sale

*St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport*

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

**Dean: The Very Rev'd Susanna Pain** 0418 637 469 [susanna.pain@gmail.com](mailto:susanna.pain@gmail.com)  
**Cathedral Office:** 149 Cunninghame Street P.O. Box 691 Sale Vic 3850  
**Phone:** 5144 2020 **Fax:** 5144 6454 **email:** [stpaulssale@wideband.net.au](mailto:stpaulssale@wideband.net.au)  
**Website:** [stpaulssale.org.au](http://stpaulssale.org.au) **Facebook:** [www.facebook.com/StPaulsCathedralSale](http://www.facebook.com/StPaulsCathedralSale)

**Cathedral Parish Vision:** *“People of Christian faith –  
Encouraging connection between the Divine and the everyday.*

**29<sup>th</sup> July 2018**  
**Pentecost 10**

## Sunday Bulletin

**Hymn 8am**    **TiS** 127 Holy God we praise your name  
**10am**    **TiS** 179 Praise with joy the world

### Sentence from Scripture

‘I am the living bread that came down from heaven,’ says the Lord. ‘Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.’ *John 6.51*

### Prayer of the Day

Gracious God,  
you have placed within the hearts of all your children  
a longing for your word and a hunger for your truth:  
grant that, believing in the one whom you have sent,  
we may know him to be the true bread of heaven  
and the food of eternal life, Jesus Christ our Lord,  
to whom with you and the Holy Spirit  
be glory and honour for ever and ever. **Amen.**

### Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** (*including Sunday Club for primary aged children*)

**Wednesdays – 10.00am** in the Lady Chapel

<i>Sunday</i>	<b>Healing Eucharist</b>	<i>1<sup>st</sup> Sunday of the month at 5.00 pm</i>
<i>Evenings</i>	<b>Q&amp;A</b>	<i>Occasionally 2<sup>nd</sup> Sunday of the month 3.30pm to 5pm</i>
	<b>Messy Church</b>	<i>3<sup>rd</sup> Sunday of the month at 4.00 pm</i>
	<b>Contemplative Service</b>	<i>Last Sunday of the month at 5.00pm    TODAY</i>

### Out Centre Services:

<b>St Anne's Golden Beach</b>	<i>10.30am</i>	<i>1<sup>st</sup> Sunday</i>	<i>2.00pm</i>	<i>3<sup>rd</sup> Sunday of the month</i>
<b>St Alban's Kilmany</b>	<i>11.00am</i>	<i>3<sup>rd</sup> Sunday of the month</i>		
<b>St Mark's Loch Sport</b>	<i>10.30am</i>	<i>2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month</i>		<i>T</i>

**Hon. Priest: Rev'd Nikolai Blaskow 0428 167 724 nikolai@nikolaiblaskow.com**

**Hon. Deacon: Rev'd Brian Norris 0418 633446 BrianN@gippsanglican.org.au**

**Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217**

**Cathedral Organist: Anthony Hahn 0437 569 608**

### ***Prayer for St Paul's***

**Come Holy Spirit breathe through us:**

**Enable us to know and make known the connection  
between You and the everyday.**

**Help us to be relevant and approachable to the community,  
to engage inclusively with them and each other,  
and to stay connected with you.**

**Enable us to show Christ's unconditional love in action.**

**This we ask in Jesus name, Amen.**

### **A Reading from the Second Book of Samuel**

In the spring of the year, the time when kings go out to battle, David sent Joab with his officers and all Israel with him; they ravaged the Ammonites, and besieged Rabbah. But David remained at Jerusalem. It happened, late one afternoon, when David rose from his couch and was walking about on the roof of the king's house, that he saw from the roof a woman bathing; the woman was very beautiful. David sent someone to inquire about the woman. It was reported, 'This is Bathsheba daughter of Eliam, the wife of Uriah the Hittite.' So David sent messengers to fetch her, and she came to him, and he lay with her. (Now she was purifying herself after her period.) Then she returned to her house. The woman conceived; and she sent and told David, 'I am pregnant.' So David sent word to Joab, 'Send me Uriah the Hittite.' And Joab sent Uriah to David. When Uriah came to him, David asked how Joab and the people fared, and how the war was going. Then David said to Uriah, 'Go down to your house, and wash your feet.' Uriah went out of the king's house, and there followed him a present from the king. But Uriah slept at the entrance of the king's house with all the servants of his lord, and did not go down to his house. When they told David, 'Uriah did not go down to his house', David said to Uriah, 'You have just come from a journey. Why did you not go down to your house?' Uriah said to David, 'The ark and Israel and Judah remain in booths; and my lord Joab and the servants of my lord are camping in the open field; shall I then go to my house, to eat and to drink, and to lie with my wife? As you live, and as your soul lives, I will not do such a thing.' Then David said to Uriah, 'Remain here today also, and tomorrow I will send you back.' So Uriah remained in Jerusalem that day. On the next day, David invited him to eat and drink in his presence and made him drunk; and in the evening he went out to lie on his couch with the servants of his lord, but he did not go down to his house. In the morning David wrote a letter to Joab, and

sent it by the hand of Uriah. In the letter he wrote, ‘Set Uriah in the forefront of the hardest fighting, and then draw back from him, so that he may be struck down and die.’ *2 Samuel 11.1-15*

Hear the word of the Lord. **Thanks be to God.**

### **Psalm 14**

Fools have said in their hearts ‘There is no God’:

**they have all become vile and abominable in their doings,  
there is not one that does good.**

The Lord looked down from heaven  
upon the children of Adam:

**to see if there were any who would act wisely  
and seek after God.**

But they have all turned out of the way,  
they have all alike become corrupt:

**there is none that does good, no not one.**

Are all the evildoers devoid of understanding:

**who eat up my people as they eat bread,  
and do not pray to the Lord?**

They shall be struck with terror:

**for God is with the company of the righteous.**

Though they frustrate the poor in their hopes:

**surely the Lord is their refuge.**

O that deliverance for Israel might come forth  
from Zion:

**when the Lord turns again the fortunes of his people,  
then shall Jacob rejoice and Israel be glad.**

### **A Reading from The letter to the Ephesians**

For this reason I bow my knees before the Father, from whom every family in heaven and on earth takes its name. I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, for ever and ever. Amen. *Ephesians 3.14-21*

Hear the word of the Lord. **Thanks be to God.**

**Gospel Hymn 8am TiS 491 Father welcomes all his Children**  
**10am TiS 523 Here, Lord, we take the bread**

The Gospel of our Lord Jesus Christ according to John  
**Glory to you Lord Jesus Christ.**

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. A large crowd kept following him, because they saw the signs that he was doing for the sick. Jesus went up the mountain and sat down there with his disciples. Now the Passover, the festival of the Jews, was near. When he looked up and saw a large crowd coming towards him, Jesus said to Philip, 'Where are we to buy bread for these people to eat?' He said this to test him, for he himself knew what he was going to do. Philip answered him, 'Six months' wages would not buy enough bread for each of them to get a little.' One of his disciples, Andrew, Simon Peter's brother, said to him, 'There is a boy here who has five barley loaves and two fish. But what are they among so many people?' Jesus said, 'Make the people sit down.' Now there was a great deal of grass in the place; so they sat down, about five thousand in all. Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. When they were satisfied, he told his disciples, 'Gather up the fragments left over, so that nothing may be lost.' So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. When the people saw the sign that he had done, they began to say, 'This is indeed the prophet who is to come into the world.' When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself. When evening came, his disciples went down to the lake, got into a boat, and started across the lake to Capernaum. It was now dark, and Jesus had not yet come to them. The lake became rough because a strong wind was blowing. When they had rowed about three or four miles, they saw Jesus walking on the lake and coming near the boat, and they were terrified. But he said to them, 'It is I; do not be afraid.' Then they wanted to take him into the boat, and immediately the boat reached the land towards which they were going.

*John 6.1-21*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

**Offertory Hymn 8am TiS 578 (T143) How firm a foundation**  
**10am TiS 538 Feed us now**

**Final Hymn 10am TiS 537 Let us talents and tongues**

## Prayers:

- For missionaries/agencies: ABM, CMS, BCA, Rich & Julie, 123 Project
- Bishop Elect Richard, Leanne, Rachel and Nicholas.
- Administrator Philip Muston
- For The Anglican Church of Australia
- For Dean Susanna Pain and Rev'd Nikolai Blaskow

**For those in special need:** Judy T, Andrew G, Heather C, Guy M.  
For those who mourn.

### Cathedral Prayer Chain Requests

Please contact Naomi McDonald 5144 5922 Kerrie Smith 51456783

**The prayer chain is for anyone in need of prayer**

*From the dean*

#### **Fire.**

What makes a fire burn  
is space between the logs,  
a breathing space.  
Too much of a good thing,  
too many logs  
packed in too tight  
can douse the flames  
almost as surely  
as a pail of water would.  
So building fires  
requires attention  
to the spaces in between,  
as much as to the wood.  
When we are able to build  
open spaces

in the same way  
we have learned  
to pile on the logs,  
then we can come to see how  
it is fuel, and absence of the fuel  
together, that make fire possible.  
We only need to lay a log  
lightly from time to time.  
A fire  
grows  
simply because the space is there,  
with openings  
in which the flame  
that knows just how it wants to burn  
can find its way.

*- Judy Brown*

It is winter, a time to rest, hibernate, share warm soups and curl up in front of the fire. Are you taking this time to be nourished? This week, I have appreciated our Monday 5.30pm evening prayer, a time with others to rest in God, to bring our concerns before God in community. It is a very special fireside time. I have also been warmed by our Wednesday morning and Thursday evening meditation times, when we gather in the Chapel in silent prayer, putting all our focus on God.

John Main writes :

Meditation and the constant return to it, every day of your life, is like cutting a pathway through to reality. . . And it is no small thing to enter reality, to become real, to become who we are, because in that experience we are freed from all the images that so constantly plague us. We do not have to be anyone's image of ourselves, but simply the real person we are.

Meditation is practiced in solitude but it is the great way to learn to be in relationship. The reason for this paradox is that, having contacted our own reality, we have the existential confidence to go out to others, to meet them at their real level. And so the solitary element in meditation is mysteriously the true antidote to loneliness. Having contacted our own reality, we are no longer threatened by the otherness of others. We are not always looking for an affirmation of ourselves. We are making love's search, looking for the reality of the other. In the Christian vision of meditation, we find the reality of the great paradox Jesus teaches: If we want to find our lives we have to be prepared to lose them. In meditating, that is exactly what we do.

*An excerpt from John Main OSB, "Straying from the Mantra," THE HEART OF CREATION (New York: Continuum, 1998), pp. 9-10.*

I was also sustained this week by our new group, reflecting on the book, 'The Artist's Rule, nurturing your creative soul with monastic wisdom' by Christine Valters Paintner.

I spent time with people in hospital, and visited some who are sick.. All food for the soul. There was a real honesty and camaraderie at Chapter, pursuing the same thought of striking a balance between rest and activity

Please join us for the Contemplative Service this evening.

*The blessings of winter rest to you,*

*Susanna*

## *News and Events*

To prepare for the installation, there will be **working bees** on Saturdays 4<sup>th</sup> and 11<sup>th</sup> August. If you can remove cobwebs, clean windows, etc. come between 9 – 12. See Christine or Peter on the day for a job!

Bishop elect Richard will be **Installed as Bishop of Gippsland at 11am on Sat 18<sup>th</sup> August St Paul's Sale**. *Please fill in list if intending to attend asap*. We are needing people to help set up the hall with chairs, and other jobs on the day, as well as during the service. Details soon!

**Chapter** would like to thank Colin Irving for his time, effort and dedication for many years running BBQs down the street, at the Produce Market, and co-ordinating and running the BBQ at the Sale Show. Colin has stepped back from

this role now. Thankyou Colin we appreciate all you have done! We will not be having the Sale Show BBQ this year.

Chapter also noted **finances** - Year to date (from October) Offertory in the plate down \$2596, but Direct Banking up \$4198.

YTD we are \$14625 in the black, however this includes the \$3000 grant for the shed we have not used yet, and the \$6500 'one off' refund from the ATO . The large guttering payment and \$7500 of fundraising income will show next month. Total donations towards the guttering is \$7303.20, however the remainder will be paid using McNeilly Trust money given recently, but originally requested for 2016 repairs to the Annie Pain Deanery. THANK YOU to all who have donated towards this work!. We are now looking at the repairs needed to the external walls to the cathedral.

Due to less funeral catering, and no Sale Show fundraising, we continue to need ways to raise income, however recognise many hard working people are rather weary at present! *Please buy lots of raffle tickets, and a few pens.*

The NBN internet is connected, and the wiring has been installed this week so our NBN phones can be connected. It is 91 meters from the Annie Pain to the Cathedral Office, and the new underground cable had a nerve-racking jam half way over - twice. WiFi in the cathedral and hall will be installed soon.

The **new notice display board** unfortunately was the wrong size, but the new (free) one will be up very soon. A new much **larger sink** and special tap will be soon installed in the kitchen – making washing large pots very easy.

Wesley LifeForce will be conducting a **Suicide Prevention Workshop** at Quest Sale – 180-184 York St, Sale VIC 3850 on Tuesday 18 September 2018 from 9am – 4pm. There is no charge to attend the workshop.

The program helps participants recognise when a person may be having thoughts of suicide, and provides a simple strategy to intervene and assist them.

See Christine or notice board for more info.

The training is open to community members aged over 18 years.

NAIDOC celebrations reminds us that it is the **month to donate money to support our local Aboriginal Ministers**. Small marked Brown envelopes available on side table.

**We are running our winter raffle-nearly \$600 in prizes.** If you can take a packet of 10 tickets to sell to your friends, or help sell them down the street, see Marion Hector or Christine

**'The Artist's Rule' Book Group** continues on Wednesday 8<sup>th</sup> August at 11.30am.

19 Children plus Carers attended *mainly music* this week. Busy and lots of fun!

*Advance Notice: Men's Retreat at St Paul's Cathedral, 9:30am to 3:00pm, on Saturday, Sept 1<sup>st</sup>, 2018. Led by Nikolai Blaskow.*

The St Paul's Men's Breakfast Group "Garage Sale" is on **Saturday October 6<sup>th</sup>**. *Small items can now go into the youth hut. See pamphlet*

**Abbey Feast** Noon 11<sup>th</sup> August \$58 per head Chef Bishop Jeffrey Driver. Susanna would love to book a whole table at this, see her if interesting in going.

**Internet Bank Transfer: Cathedral's ministry and mission**  
BSB 013-795 Account no: 4962-98866 Ref: Offering or ? ?? guttering!!??

**Internet Bank Transfer: St Paul's Building Fund**  
BSB 705 077 Acc no: 000 409 69 NO reference needed  
*Cheques made out to Anglican Diocese of Gippsland*

**VOLUNTEER ROSTERS for the coming week**

**Morning Tea: 8am:** M Hector & W Lucas **10am:** ? /J Sawers

**Flowers:** J Mielke

*Readings for 29<sup>th</sup> July*

1<sup>st</sup> – 2 Samuel 11. 1-5 2<sup>nd</sup> – Ephesians 4.1-16 G - John 6.24-35

## **Weekly Diary of Church Activities**

- 30<sup>th</sup> Monday** 5.30pm Intercessory Prayer Meeting
- 31<sup>st</sup> Tuesday** 9.30am Tadpoles Playgroup
- 1<sup>st</sup> Wednesday** 7.45am Meditation Group in Lady Chapel *'pre' stretching at 7.30*  
10.00am Holy Communion in the Lady Chapel  
1.30pm Service at Wilson Lodge Nursing Home
- 2<sup>nd</sup> Thursday** 9.30am *mainly music*  
11.00am Service at Ashleigh House  
5.30pm Meditation Group in Lady Chapel
- 3<sup>rd</sup> Friday** *Susanna at Deans Conference*  
10.00.am Funeral and wake for Dianne Sszokolik
- 4<sup>th</sup> Saturday** *Susanna at Deans Conference*  
9-12 Working Bee at St Pauls

**Sunday Bulletin contact:** Christine Morris 51444979 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)  
**Web/Facebook contact** Karena King 0438 446 488 [webmaster@stpaulssale.org.au](mailto:webmaster@stpaulssale.org.au)

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