



# St Paul's Cathedral, Sale

*St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport*

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

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**Cathedral Parish Vision:** "People of Christian faith –  
*Encouraging connection between the Divine and the everyday.*

**5 August 2018**  
**Pentecost 11**

## Sunday Bulletin

**Hymn 8am**    **TiS 225** My heart and voice I raise  
**10am**    **TiS 636** God has spoken

### Sentence from Scripture

Why do you spend your money for that which is not bread, and your labour for that which does not satisfy? Eat what is good, and delight yourselves in rich food.  
*Isaiah 55.2*

### Prayer of the Day

Living God, whose Son Jesus fed the hungry  
with the bread of his life  
and the word of his kingdom:  
renew your people with your heavenly grace,  
and in all our weakness  
sustain us with your true and living bread,  
Jesus Christ our Lord;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

### Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** (*including Sunday Club for primary aged children*)

**Wednesdays – 10.00am** in the Lady Chapel

<i>Sunday</i>	<b>Healing Eucharist</b>	<i>1<sup>st</sup> Sunday of the month at 5.00 pm</i>	<b>TODAY</b>
<i>Evenings</i>	<b>Q&amp;A</b>	<i>Occasionally 2<sup>nd</sup> Sunday of the month 3.30pm to 5pm</i>	
	<b>Messy Church</b>	<i>3<sup>rd</sup> Sunday of the month at 4.00 pm</i>	
	<b>Contemplative Service</b>	<i>Last Sunday of the month at 5.00pm</i>	

### Out Centre Services:

<b>St Anne's Golden Beach</b>	<b>10.30am</b>	<i>1<sup>st</sup> Sunday</i>	<b>2.00pm</b>	<i>3<sup>rd</sup> Sunday of the month</i>	<b>TODAY</b>
<b>St Alban's Kilmany</b>	<b>11.00am</b>	<i>3<sup>rd</sup> Sunday of the month</i>			
<b>St Mark's Loch Sport</b>	<b>10.30am</b>	<i>2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month</i>			

*Hon. Priest: Rev'd Nikolai Blaskow 0428 167 724 nikolai@nikolaiblaskow.com*

*Hon. Deacon: Rev'd Brian Norris 0418 633446 BrianN@gippsanglican.org.au*

*Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217*

*Cathedral Organist: Anthony Hahn 0437 569 608*

### *Prayer for St Paul's*

**Come Holy Spirit breathe through us:**

**Enable us to know and make known the connection  
between You and the everyday.**

**Help us to be relevant and approachable to the community,  
to engage inclusively with them and each other,  
and to stay connected with you.**

**Enable us to show Christ's unconditional love in action.**

**This we ask in Jesus name, Amen.**

### **A Reading from The Second Book of Samuel**

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. And the Lord sent Nathan to David. He came to him, and said to him, 'There were two men in a certain city, one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him.' Then David's anger was greatly kindled against the man. He said to Nathan, 'As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity.' Nathan said to David, 'You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your

neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun.’  
David said to Nathan, ‘I have sinned against the Lord.’ Nathan said to David,  
‘Now the Lord has put away your sin; you shall not die. *2 Samuel 11.26 - 12.13a*  
Hear the word of the Lord. **Thanks be to God.**

### **Psalm 51.1-12**

Have mercy on me, O God, in your enduring goodness:  
**according to the fullness of your compassion  
blot out my offences.**

Wash me thoroughly from my wickedness:  
**and cleanse me from my sin.**

For I acknowledge my rebellion:  
**and my sin is ever before me.**

Against you only have I sinned  
and done what is evil in your eyes:  
**so you will be just in your sentence  
and blameless in your judging.**

Surely in wickedness I was brought to birth:  
**and in sin my mother conceived me.**

You that desire truth in the inward parts:  
**O teach me wisdom in the secret places of the heart.**

Purge me with hyssop, and I shall be clean:  
**wash me, and I shall be whiter than snow.**

Make me hear of joy and gladness:  
**let the bones which you have broken rejoice.**

Hide your face from my sins:  
**and blot out all my iniquities.**

Create in me a clean heart, O God:  
**and renew a right spirit within me.**

Do not cast me out from your presence:  
**do not take your holy spirit from me.**

O give me the gladness of your help again:  
**and support me with a willing spirit.**

### **A Reading from The Letter to the Ephesians**

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called,  
with all humility and gentleness, with patience, bearing with one another in love,  
making every effort to maintain the unity of the Spirit in the bond of peace.

There is one body and one Spirit, just as you were called to the one hope of your calling,

one Lord, one faith, one baptism,

one God and Father of all, who is above all and through all and in all.

But each of us was given grace according to the measure of Christ's gift.

Therefore it is said,

'When he ascended on high he made captivity itself a captive;

he gave gifts to his people.'

(When it says, 'He ascended', what does it mean but that he had also descended into the lower parts of the earth?

He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers,

to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ.

We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming.

But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knitted together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love. *Ephesians 4.1-16*

Hear the word of the Lord. **Thanks be to God.**

**Gospel Hymn 8am TiS 440 Christ from whom all blessings flow**

**10am TiS MP 260 I am the Bread**

The Gospel of our Lord Jesus Christ according to John

**Glory to you Lord Jesus Christ.**

So when the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the lake, they said to him, 'Rabbi, when did you come here?' Jesus answered them, 'Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal.' Then they said to him, 'What must we do to perform the works of God?' Jesus answered them, 'This is the work of God, that you believe in him whom he has sent.' So they said to him, 'What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, "He gave them

bread from heaven to eat.” ’ Then Jesus said to them, ‘Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world.’ They said to him, ‘Sir, give us this bread always.’ Jesus said to them, ‘I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. *John 6.24-35*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

**Offertory Hymn 8am TiS 442 (i) All praise to our redeeming Lord  
10am S 1311 In Christ Alone**

**Final Hymn 10am MP 1093 Shout to the North**

**Prayers:**

- For missionaries/agencies: ABM, CMS, BCA, Rich & Julie, 123 Project
- Bishop Elect Richard, Leanne, Rachel and Nicholas.
- The Eastern Region of the Diocese, Archdeacon Edie Ashley, Regional Dean Rev’d Lyndon Philips
- For Aboriginal Ministry, Rev’d Phyllis Andy & Kathy Dalton
- For Dean Susanna Pain and Rev’d Nikolai Blaskow
- For Hospital and Nursing Home Ministries in Sale: Chaplain The Rev’d Heather Toms and pastoral visiting teams.
- For the congregation and ministry of St Anne’s Golden Beach

**For those in special need:** Judy T, Andrew G, Heather C, Guy M.  
For those who mourn.

**Cathedral Prayer Chain Requests**

Please contact Naomi McDonald 5144 5922 Kerrie Smith 51456783

**The prayer chain is for anyone in need of prayer**

*From the dean*

I am at the Dean’s Conference in Sydney this weekend.

It feels I have been away too much this month. I am thankful to all who keep the home fires burning.

Here are some thoughts from William Brodrick, a former monk who became a practicing barrister, and novelist:

*We have to be candles,  
burning between  
hope and despair,  
faith and doubt,  
life and death,  
all the opposites.  
That is the disquieting place  
where people must always find us.*

*And if our life means anything,  
if what we are goes beyond the  
monastery walls and  
does some good,  
it is that somehow,  
by being here,  
at peace,  
we help the world cope  
with what it cannot understand.*

I asked a while ago if you'd be interested in being in a small group.

Kate Campbell is following this up for me. She writes:

**Small groups** can take many different forms and we have a number of small groups already gathering within our parish. Some are long term eg home bible studies, meditation, KYB. Others are "seasonal" – Lent and Advent group studies, Lent and Advent "breathing space", or focus with a particular book like Artist's Rule, which has recently begun. Kate Campbell would like to hear from you if are interested in being part of a small group, perhaps even beginning a small group or would simply like to have a conversation about what is available or what other areas of focus interest you might want or need to nourish you, to 'feed your soul'. It might be a particular type of study group, a 'craft' group, or ? Please leave your name and a contact number on the sheet or leave a message at the parish office and I will be very happy to chat with you or my number is 0402514829. *Kate Campbell*

*We are planning a 'Stations of the Cross Exhibition' in Lent next year. If you are interested in being a part of it, there is a meeting on Sunday 26<sup>th</sup> August at 11.30am in the community room to discuss and plan.*

**Defibrillator.** Chapter has decided to purchase a defibrillator for the Cathedral. We are sourcing it through St John's Ambulance so that ten parishioners can be trained in its use. Anyone who would like to be trained or who is already trained please let Susanna or the office know. Very generous donations towards the purchase and training have been received already, but we still need about \$1,000 to finalise the purchase. Donations can be made via the bank or plate.

Thank you to Nikolai for generously taking the services at the cathedral today. Bless you all, and see some of you at the Abbey Feast on Saturday!

*Susanna*

## *News and Events*

To prepare for the installation, there will be another **working bee** on Saturday 11<sup>th</sup> August. If you can remove cobwebs, clean windows, etc. come between 9 – 12. See Christine or Peter on the day for a job! We are also needing people to help set up the hall/cathedral with chairs on Friday 17<sup>th</sup>, then pack them up Saturday afternoon. We probably also need people to ‘babysit’ the cathedral on the Wednesday and Thursday as the PA equipment will be already set up. See Christine if you can help in any way.

Bishop elect Richard will be **Installed as Bishop of Gippsland at 11am on Sat 18<sup>th</sup> August St Paul’s Sale**. *Please fill in list if intending to attend asap.*

**Men’s Breakfast Meeting** at Triple F Café Raymond Street Sale 11<sup>th</sup> August at 8 am.

Wesley LifeForce will be conducting a **Suicide Prevention Workshop** at Quest Sale – 180-184 York St, Sale VIC 3850 on Tuesday 18 September 2018 from 9am – 4pm. There is no charge to attend the workshop.

The program helps participants recognise when a person may be having thoughts of suicide, and provides a simple strategy to intervene and assist them.

See Christine or notice board for more info.

The training is open to community members aged over 18 years.

NAIDOC celebrations reminds us that it is the **month to donate money to support our local Aboriginal Ministers**. Small marked Brown envelopes available on side table.

**We are running our winter raffle-nearly \$600 in prizes**. If you can take a packet of 10 tickets to sell to your friends, or help sell them at Ritchie’s, see Marion Hector or Christine.

**‘The Artist’s Rule’ Book Group** continues on Wednesday 8<sup>th</sup> August at 11.30am.

*Advance Notice: Men’s Retreat at St Paul’s Cathedral, 9:30am to 3:00pm, on Saturday, Sept 1<sup>st</sup>, 2018. Led by Nikolai Blaskow.*

The St Paul’s Men’s Breakfast Group **“Garage Sale”** is on **Saturday October 6<sup>th</sup>**. *Small items can now go into the youth hut. See pamphlet*

**Abbey Feast** Noon 11<sup>th</sup> August \$58 per head Chef Bishop Jeffrey Driver.

**Internet Bank Transfer: Cathedral's ministry and mission**

BSB 013-795 Account no: 4962-98866 Ref: Offering or ? ?? guttering!!??

**Internet Bank Transfer: St Paul's Building Fund**

BSB 705 077 Acc no: 000 409 69 NO reference needed

*Cheques made out to Anglican Diocese of Gippsland*

**VOLUNTEER ROSTERS for the coming week**

**Morning Tea: 8am:** R Weir /H Harrap **10am:** L Glover / ?

**Flowers:** J Mielke

*Readings for 12<sup>th</sup> August*

1<sup>st</sup> – 2 Samuel 18.5-9, 14, 31-33 2<sup>nd</sup> – Ephesians 4.25 - 5.2 **G** - John 6.35, 41-51

## Weekly Diary of Church Activities

- 5<sup>th</sup> Monday** *Susanna at Deans Conference*  
5.30pm Intercessory Prayer Meeting
- 7<sup>th</sup> Tuesday** *Susanna at Deans Conference*  
9.30am Tadpoles Playgroup
- 8<sup>th</sup> Wednesday** 7.45am Meditation Group in Lady Chapel *'pre' stretching at 7.30*  
10.00am Holy Communion in the Lady Chapel  
11.30am **'The Artist's Rule' Book Group**  
1.30pm Service at Wilson Lodge Nursing Home
- 9<sup>th</sup> Thursday** 9.30am *mainly music*  
5.30pm Meditation Group in Lady Chapel
- 10<sup>th</sup> Friday** *Susanna's day 'off'*
- 11<sup>th</sup> Saturday** 8.00am Men's Breakfast Meeting at Triple F Café  
9-12 Working Bee at St Pauls  
(Abbey Feast)

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