



# St Paul's Cathedral, Sale

*St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport*

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

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**Cathedral Parish Vision:** *"People of Christian faith – Encouraging connection between the Divine and the everyday."* **26 August 2018 Pentecost 14**

## Sunday Bulletin

**Hymn 8am TiS 695 Fare well. We come to serve you**  
**10am All Are Welcome**

### Sentence from Scripture

Jesus said, 'It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life.' *John 6.63*

### Prayer of the Day

Everliving God,  
by whose Spirit the whole body of the Church  
is governed and sanctified:  
hear the prayers we offer for all your faithful people,  
that in the ministry to which you have called them  
each may serve you in holiness and truth;  
through our Lord and Saviour Jesus Christ,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. **Amen.**

### Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** (*including Sunday Club for primary aged children*)

**Wednesdays – 10.00am** in the Lady Chapel

<i>Sunday</i>	<b>Healing Eucharist</b>	<i>1<sup>st</sup> Sunday of the month at 5.00 pm</i>	
<i>Evenings</i>	<b>Q&amp;A</b>	<i>Occasionally 2<sup>nd</sup> Sunday of the month 3.30pm to 5pm</i>	
	<b>Messy Church</b>	<i>3<sup>rd</sup> Sunday of the month at 4.00 pm</i>	
	<b>Contemplative Service</b>	<i>Last Sunday of the month at 5.00pm</i>	<b>TODAY</b>

### Out Centre Services:

**St Anne's Golden Beach** 10.30am *1<sup>st</sup> Sunday 2.00pm 3<sup>rd</sup> Sunday of the month*

**St Alban's Kilmany** 11.00am *3<sup>rd</sup> Sunday of the month*

**St Mark's Loch Sport** 10.30am *2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month* **TODAY**

**Hon. Priest:** Rev'd Nikolai Blaskow 0428 167 724 [nikolai@nikolaiblaskow.com](mailto:nikolai@nikolaiblaskow.com)

**Hon. Deacon:** Rev'd Brian Norris 0418 633446 [BrianN@gippsanglican.org.au](mailto:BrianN@gippsanglican.org.au)

**Associate Priest/Hospital Chaplain:** Rev'd Heather Toms 0400 512 217

**Cathedral Organist:** Anthony Hahn 0437 569 608

### ***Prayer for St Paul's***

**Come Holy Spirit breathe through us:**

**Enable us to know and make known the connection  
between You and the everyday.**

**Help us to be relevant and approachable to the community,  
to engage inclusively with them and each other,  
and to stay connected with you.**

**Enable us to show Christ's unconditional love in action.**

**This we ask in Jesus name, Amen.**

### **A Reading from The First Book of Kings**

Then Solomon stood before the altar of the Lord in the presence of all the assembly of Israel, and spread out his hands to heaven. He said, 'O Lord, God of Israel, there is no God like you in heaven above or on earth beneath, keeping covenant and steadfast love for your servants who walk before you with all their heart, the covenant that you kept for your servant my father David as you declared to him; you promised with your mouth and have this day fulfilled with your hand. Therefore, O Lord, God of Israel, keep for your servant my father David that which you promised him, saying, "There shall never fail you a successor before me to sit on the throne of Israel, if only your children look to their way, to walk before me as you have walked before me."

Therefore, O God of Israel, let your word be confirmed, which you promised to your servant my father David. 'But will God indeed dwell on the earth? Even heaven and the highest heaven cannot contain you, much less this house that I have built! Have regard to your servant's prayer and his plea, O Lord my God, heeding the cry and the prayer that your servant prays to you today; that your eyes may be open night and day towards this house, the place of which you said, "My name shall be there", that you may heed the prayer that your servant prays towards this place. Hear the plea of your servant and of your people Israel when they pray towards this place; O hear in heaven your dwelling-place; heed and forgive. 'Likewise when a foreigner, who is not of your people Israel, comes from a distant land because of your name - for they shall hear of your great name, your mighty hand, and your outstretched arm - when a foreigner comes and prays towards this house, then hear in heaven your dwelling-place, and do according to all that the foreigner calls to you, so that all the peoples of the earth may know your name and fear you, as do your people Israel, and so that they may know that your name has been invoked on this house that I have built.

*1 Kings 8.22-30, 41-43*

Hear the word of the Lord. **Thanks be to God.**

## Psalm 84

How lovely is your dwelling-place:

**O Lord God of hosts!**

My soul has a desire and longing  
to enter the courts of the Lord:

**my heart and my flesh rejoice in the living God.**

The sparrow has found her a home,

and the swallow a nest where she may lay her young:

**even your altar, O Lord of hosts, my King and my God.**

Blessed are those who dwell in your house:

**they will always be praising you.**

Blessed are those whose strength is in you:

**in whose heart are the highways to Zion;**

Who, going through the valley of dryness,

find there a spring from which to drink:

**till the autumn rain shall clothe it with blessings.**

They go from strength to strength:

**they appear, every one of them,**

**before the God of gods in Zion.**

O Lord God of hosts, hear my prayer:

**give ear, O God of Jacob.**

Behold, O God, him who reigns over us:

**and look upon the face of your anointed.**

One day in your courts is better than a thousand:

**I would rather stand at the threshold of the  
house of my God than dwell in the tents of ungodliness.**

For the Lord God is a light and a shield,

the Lord gives favour and honour:

**and no good thing will he withhold**

**from those who walk in innocence.**

O Lord God of hosts:

**blessed are those who put their trust in you.**

## A Reading from The Letter to the Ephesians

Finally, be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything, to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the

helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints. Pray also for me, so that when I speak, a message may be given to me to make known with boldness the mystery of the gospel, for which I am an ambassador in chains. Pray that I may declare it boldly, as I must speak. *Ephesians 6.10-20*

Hear the word of the Lord. **Thanks be to God.**

**Gospel Hymn 8am TiS 592 Stand up, stand up for Jesus**  
**10am TiS 611 (T 142) God of Grace and God of Glory**

The Gospel of our Lord Jesus Christ according to John  
**Glory to you Lord Jesus Christ.**

Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live for ever.’ He said these things while he was teaching in the synagogue at Capernaum. When many of his disciples heard it, they said, ‘This teaching is difficult; who can accept it?’ But Jesus, being aware that his disciples were complaining about it, said to them, ‘Does this offend you? Then what if you were to see the Son of Man ascending to where he was before? It is the spirit that gives life; the flesh is useless. The words that I have spoken to you are spirit and life. But among you there are some who do not believe.’ For Jesus knew from the first who were the ones that did not believe, and who was the one that would betray him. And he said, ‘For this reason I have told you that no one can come to me unless it is granted by the Father.’ Because of this many of his disciples turned back and no longer went about with him. So Jesus asked the twelve, ‘Do you also wish to go away?’ Simon Peter answered him, ‘Lord, to whom can we go? You have the words of eternal life. We have come to believe and know that you are the Holy One of God.’ *John 6.56-69*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

**Offertory Hymn 8am TiS 427 Lord, your word abiding**  
**10am TiS 409 O Breath of Life**

**Final Hymn 10am MP 673 There is a Redeemer**

**Prayers:**

- For missionaries/agencies: ABM, CMS, BCA, Rich & Julie, 123 Project
- Bishop Richard, Leanne, Rachel and Nicholas.
- For the Diocese of Gippsland, Bishop in Council and the Registry Staff, Brian, Annette, Sue and David
- For Dean Susanna Pain and Rev’d Nikolai Blaskow

- For the Ministry of Anglcare within the Diocese of Gippsland and Cathrine Muston, Community Development Officer
- For *mainly music* and Tadpole Playgroup leaders and all who attend

**For those in special need:** Judy T, Andrew G, Heather C, Guy M.  
For those who mourn.

### **Cathedral Prayer Chain Requests**

Please contact Naomi McDonald 5144 5922 Kerrie Smith 51456783

**The prayer chain is for anyone in need of prayer**

*From the dean*

What is it to be a cathedral?

The cathedral is the seat of the bishop and a centre of worship and mission. The primary purpose of a cathedral is to be a place of Christian worship but it is also a place of significance to the heritage, culture and community life of the area it serves.

The cathedral is the mother church of the diocese and acts as a focal point for services and celebrations for those worshipping in churches throughout the diocese. The Installation of the bishop is one of the occasions we highlight our cathedral community in doing liturgy well and offering hospitality to our diocese and beyond, as are Synod Services. We, the Mother Church of Gippsland, are a small cathedral and not able to fit everyone who wants to be there in the cathedral. I am thankful to those who managed people's disappointment at sitting in the hall.

The cathedral is open 365 days a year. It is open in times of national crisis and celebration and can act as a focal point in our community. The cathedral provides an unthreatening spiritual space for people to pray and to gather.

Our Cathedral also offers opportunities for adult learning. We do that with talks, workshops, and quiet days.

We have a wonderful organ and cathedral organist, and music is important to the cathedral.

Part of our role is to offer space and time for prayer, and worship, including Sundays and weekdays. We are now offering **Evening Prayer** from **Monday to Wednesday** 5.30pm, and Meditation Thursday 5.30pm, as well as Wednesday morning 7.45am Meditation. This soaking in prayer, offering all our work to God and holding up our appreciation and concerns to God is central.

A Cathedral takes its place in the life of the city. A **Police Remembrance Day Service** is to be held 11am 25<sup>th</sup> September. The Lessons and Carols Service in December will have a guest choir.

We engage with the community at all levels, responding to needs, listening, advocating, speaking out, caring for the most marginalised, offering nourishing fare for body, mind and spirit, practical support, and prayerful care.

As well as being a cathedral, we are a parish church for the people of Sale, and our branch churches at Kilmany, Loch Sport and Golden Beach, offering prayer services, pastoral care and much more.

On **9<sup>th</sup> September** we welcome the **Parish of Mirboo North**. They are not able to be with us in the morning but will arrive after lunch and have a tour of the cathedral followed by a 3pm service and a light 'soup and sandwiches' meal before returning home. How can we welcome them and showcase our Cathedral, and this wonderful cathedral community? Other parishes may also wish to make this pilgrimage in the future.

We lift our eyes with broader vision while caring for those closer to home. At home, Kate Campbell is looking in to what people want in the way of small groups.

We are building up our **Pastoral Care Team** visiting Assisted Accommodation, and those who are sick. We have another **meeting** of those interested in **Pastoral Care** on 2<sup>nd</sup> September at 11.40am

*Susanna*

**TODAY** : Meeting about Stations of the Cross Exhibition 11.30am  
Playing with a balanced life Interplay Workshop 2.30pm – 4.30pm

### **Contemplative Quiet Afternoon at the Gallery**

1.30pm - 4pm Sunday 30<sup>th</sup> September

Gippsland Art Gallery Foster Street, Sale

Lose yourself, and find yourself on a quiet afternoon at the gallery.

Spend a contemplative quiet Sunday afternoon at the Gallery. We will gather in the Wayput Room upstairs for a short reflection, then spend time with the art in the gallery, then return to share something of our experience and insights.

To register interest: contact Susanna Pain [susanna.pain@gmail.com](mailto:susanna.pain@gmail.com) 048637469

Cost; by donation to the Gallery

How can we help with drought relief? There is a retiring offertory for the **ABC Drought Relief Fund** today.

# *News and Events*

**Diocesan Retreat** Retreat Leader: Bishop Garry Weatherill Bishop of the Anglican Diocese of Ballarat 7-8 September 2018 Come on retreat and savour the beauty and peace of **The Abbey on Raymond Island**. Bishop Garry is an experienced retreat leader, greatly loved and respected among many who appreciate his teaching and spiritual wisdom. There will be times for silence, prayer and reflection, times for learning together, times to walk, to share, to create, to be. ALL ARE WELCOME 5pm Fri 7 September 2018 to 3.30 pm Sat 8 September 2018 Cost etc see poster To book or further information contact The Abbey on (03) 5156 6580 or [info@theabbey.org.au](mailto:info@theabbey.org.au)

Thank you to those who have helped donate to the **Food Cupboard** as we have needed to top up some items. Bean money can in cathedral still needs more.

**Men's Retreat at St Paul's Cathedral**, 9:30am to 3:00pm, on Saturday, Sept 1<sup>st</sup>, 2018. Led by Nikolai Blaskow.

We are serving tea/coffee and child friendly food for a '**Festival of the little people**' on **Saturday 1<sup>st</sup> September 9am -1pm** at Sale Botanical Gardens. We need small cup cakes, fairy bread, choc crackles, decorated iced biscuits and other creative food. This more for ministry and outreach than fundraising. See Christine if you can help make food or serve on the day.

We have been invited to the Sept 1<sup>st</sup> **Opening of the Golden Beach Community Open Garden** from 10am, official opening at 11am. This is watered by the run off from our Church there. Susanna has spare seats if you would like a lift.

**Defibrillator. Very generous donations have raised ALL we need to** purchase a defibrillator for the Cathedral. We are sourcing it through St John's Ambulance so that ten parishioners can be trained in its use. *Anyone who would like to be trained or who is already trained please let Susanna or Christine know.* Thankyou so much for all the donations.

The St Paul's Men's Breakfast Group "**Garage Sale**" is on **Saturday October 6<sup>th</sup>**. *Small items can now go into the youth hut. See pamphlet*

'**The Artist's Rule**' **Book Group** continues on Wednesday 29<sup>th</sup> August at 11.30am.

**St. Paul's Mission Helpers** is a group of ladies collecting items for mission either in Sale, Gippsland and overseas. We meet bi-monthly on the 3<sup>rd</sup> Monday of the month where we enjoy a get together, and we plan any help we can give to local or overseas missions. Each meeting people from outside our group send in items to be forwarded to mission, and these are distributed along with any money received. We don't do large scale donations just small things that mean a lot to those receiving them. Every meeting is followed by a cup of tea, cake and a very friendly chat. We would welcome new members into our group as our average age rises, and young or old are most welcome. The next meeting is on **Monday 27<sup>th</sup> August at 1.30pm in the meeting room.**

**Internet Bank Transfer: Cathedral's ministry and mission**  
 BSB 013-795 Account no: 4962-98866 Ref: Offering or ? ?? guttering!!??  
**Internet Bank Transfer: St Paul's Building Fund**  
 BSB 705 077 Acc no: 000 409 69 NO reference needed  
*Cheques made out to Anglican Diocese of Gippsland*

**VOLUNTEER ROSTERS for the coming week**  
**Morning Tea: 8am:** M Hector & W Lucas **10am:** J Sawers / ?  
**Flowers:** J Mielke

*Readings for 2<sup>nd</sup> September*  
**1<sup>st</sup>** – Song of Songs 2. 8-13 **2<sup>nd</sup>** – James 1. 17-27 **G** – Mark 7. 1-8, 14-23

## Weekly Diary of Church Activities

<b>27<sup>th</sup> Monday</b>	1.30pm 5.30pm	<b>Mission Helpers</b> meeting in the Community Room Evening Prayer /Intercessory Prayer Meeting
<b>28<sup>th</sup> Tuesday</b>	9.30am 3.00pm <b>5.30pm</b>	Tadpoles Playgroup Service at Royal Freemasons <b>Evening Prayer /Intercessory Prayer Meeting</b>
<b>29<sup>th</sup> Wednesday</b>	7.45am 10.00am 11.30am <b>5.30pm</b>	Meditation Group in Lady Chapel <i>'pre' stretching at 7.30</i> Holy Communion in the Lady Chapel <b>The Artist's Rule' Book Group</b> <b>Evening Prayer /Intercessory Prayer Meeting</b>
<b>30<sup>th</sup> Thursday</b>	9.30am 5.30pm	<i>mainly music</i> Meditation Group in Lady Chapel
<b>31<sup>st</sup> Friday</b>		<i>Susanna's day 'off'</i>
<b>1<sup>st</sup> Saturday</b>	9.30am 9.00am 10.00am	Men's Retreat Festival of Little people' catering at Botanical Gardens. Open day at Golden Beach Community Garden

**Sunday Bulletin contact:** Christine Morris 51444979 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)  
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