



# St Paul's Cathedral, Sale

*St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport*

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

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**Cathedral Parish Vision:** "People of Christian faith – **2 September 2018**  
*Encouraging connection between the Divine and the everyday.* **Pentecost 15**

## Sunday Bulletin

**Hymn 8am** TiS 531 Sent forth by God's blessing  
**10am** Love the Lord your God

### Sentence from Scripture

Who will separate us from the love of Christ? Will hardship, or distress, or persecution, or famine, or nakedness, or peril, or the sword? No, in all these things we are more than conquerors through him who loved us. *Romans 8.35, 37*

### Prayer of the Day

Living God, you made your Church to grow through the enthusiasm, courage, and faithfulness of your servants martyred in New Guinea: give to us and all your people such steadfast faith in You that we may serve faithfully wherever you have placed us; through Jesus Christ our Lord. **Amen.**

### Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** (including Sunday Club for primary aged children)

**Wednesdays – 10.00am** in the Lady Chapel

<i>Sunday</i>	<b>Healing Eucharist</b>	<i>1<sup>st</sup> Sunday of the month at 5.00 pm</i>	<b>TODAY</b>
<i>Evenings</i>	<b>Q&amp;A</b>	<i>Occasionally 2<sup>nd</sup> Sunday of the month 3.30pm to 5pm</i>	
	<b>Messy Church</b>	<i>3<sup>rd</sup> Sunday of the month at 4.00 pm</i>	
	<b>Contemplative Service</b>	<i>Last Sunday of the month at 5.00pm</i>	

### Out Centre Services:

<b>St Anne's Golden Beach</b>	<b>10.30am</b>	<i>1<sup>st</sup> Sunday</i>	<b>2.00pm</b>	<i>3<sup>rd</sup> Sunday of the month</i>	<b>TODAY</b>
<b>St Alban's Kilmany</b>	<b>11.00am</b>	<i>3<sup>rd</sup> Sunday of the month</i>			
<b>St Mark's Loch Sport</b>	<b>10.30am</b>	<i>2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month</i>			

**Hon. Priest:** Rev'd Nikolai Blaskow 0428 167 724 [nikolai@nikolaiblaskow.com](mailto:nikolai@nikolaiblaskow.com)

**Hon. Deacon:** Rev'd Brian Norris 0418 633446 [BrianN@gippsanglican.org.au](mailto:BrianN@gippsanglican.org.au)

**Associate Priest/Hospital Chaplain:** Rev'd Heather Toms 0400 512 217

**Cathedral Organist:** Anthony Hahn 0437 569 608

### ***Prayer for St Paul's***

**Come Holy Spirit breathe through us:**

**Enable us to know and make known the connection  
between You and the everyday.**

**Help us to be relevant and approachable to the community,  
to engage inclusively with them and each other,  
and to stay connected with you.**

**Enable us to show Christ's unconditional love in action.**

**This we ask in Jesus name, Amen.**

### **A Reading from Song of Songs**

I am a rose of Sharon, a lily of the valleys. Like a lily among thorns is my darling among the young women. Like an apple tree among the trees of the forest is my beloved among the young men. I delight to sit in his shade, and his fruit is sweet to my taste. Let him lead me to the banquet hall, and let his banner over me be love.

Strengthen me with raisins, refresh me with apples, for I am faint with love. His left arm is under my head, and his right arm embraces me. Daughters of Jerusalem, I charge you by the gazelles and by the does of the field: Do not arouse or awaken love until it so desires. Listen! My beloved! Look! Here he comes, leaping across the mountains, bounding over the hills. My beloved is like a gazelle or a young stag. Look! There he stands behind our wall, gazing through the windows, peering through the lattice. My beloved spoke and said to me, 'Arise, my darling, my beautiful one, come with me. See! The winter is past; the rains are over and gone. Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land. The fig-tree forms its early fruit; the blossoming vines spread their fragrance. Arise, come, my darling; my beautiful one, come with me.' My dove in the clefts of the rock, in the hiding-places on the mountainside, show me your face, let me hear your voice; for your voice is sweet, and your face is lovely. Catch for us the foxes, the little foxes that ruin the vineyards, our vineyards that are in bloom. My beloved is mine and I am his; he browses among the lilies. Until the day breaks and the shadows flee, turn, my beloved, and be like a gazelle or like a young stag on the rugged hills.

*Song of Songs 2.8-13*

Hear the word of the Lord.      **Thanks be to God.**

### **Psalm 45.1-2, 6-9**

My heart is astir with fine phrases,

I make my song for a king:

**my tongue is the pen of a ready writer.**

You are the fairest of men, grace flows from your lips:  
**therefore has God blessed you for ever and ever.**  
Your throne is the throne of God, it endures for ever:  
**and the sceptre of your kingdom is a righteous sceptre.**  
You have loved righteousness and hated evil:  
**therefore God, your God, has anointed you  
with the oil of gladness above your fellows.**  
All your garments are fragrant  
with myrrh, aloes and cassia:  
**music from ivory palaces makes you glad.**  
Kings' daughters are among your noble women:  
**the queen is at your right hand in gold of Ophir.**

### **A Reading from The Letter of James 1.17-27**

Every generous act of giving, with every perfect gift, is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. In fulfilment of his own purpose he gave us birth by the word of truth, so that we would become a kind of first fruits of his creatures. You must understand this, my beloved: let everyone be quick to listen, slow to speak, slow to anger; for your anger does not produce God's righteousness. Therefore rid yourselves of all sordidness and rank growth of wickedness, and welcome with meekness the implanted word that has the power to save your souls. But be doers of the word, and not merely hearers who deceive themselves. For if any are hearers of the word and not doers, they are like those who look at themselves in a mirror; for they look at themselves and, on going away, immediately forget what they were like. But those who look into the perfect law, the law of liberty, and persevere, being not hearers who forget but doers who act—they will be blessed in their doing. If any think they are religious, and do not bridle their tongues but deceive their hearts, their religion is worthless. Religion that is pure and undefiled before God, the Father, is this: to care for orphans and widows in their distress, and to keep oneself unstained by the world. *James 1.17-27*

Hear the word of the Lord. **Thanks be to God.**

**Gospel Hymn 8am TiS 615 Almighty God lift up our eyes**  
**10am MP 37 As the deer**

The Gospel of our Lord Jesus Christ according to Mark

**Glory to you Lord Jesus Christ.**

Now when the Pharisees and some of the scribes who had come from Jerusalem gathered around him, they noticed that some of his disciples were eating with defiled hands, that is, without washing them.

(For the Pharisees, and all the Jews, do not eat unless they thoroughly wash their hands, thus observing the tradition of the elders;

and they do not eat anything from the market unless they wash it; and there are also many other traditions that they observe, the washing of cups, pots, and bronze kettles.)

So the Pharisees and the scribes asked him, ‘Why do your disciples not live according to the tradition of the elders, but eat with defiled hands?’

He said to them, ‘Isaiah prophesied rightly about you hypocrites, as it is written, “This people honours me with their lips,

but their hearts are far from me;  
in vain do they worship me,  
teaching human precepts as doctrines.”

You abandon the commandment of God and hold to human tradition.’

Then he called the crowd again and said to them, ‘Listen to me, all of you, and understand:

there is nothing outside a person that by going in can defile, but the things that come out are what defile.’

When he had left the crowd and entered the house, his disciples asked him about the parable.

He said to them, ‘Then do you also fail to understand? Do you not see that whatever goes into a person from outside cannot defile,

since it enters, not the heart but the stomach, and goes out into the sewer?’ (Thus he declared all foods clean.)

And he said, ‘It is what comes out of a person that defiles.

For it is from within, from the human heart, that evil intentions come: fornication, theft, murder,

adultery, avarice, wickedness, deceit, licentiousness, envy, slander, pride, folly.

All these evil things come from within, and they defile a person.’

*Mark 7.1-8, 14-23*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

**Offertory Hymn 8am TiS 687 God gives us a future**

**10am TiS 491 Father welcomes**

**Final Hymn 10am TiS 670 Jesus put this song**

**Prayers:**

- For missionaries/agencies: ABM, CMS, BCA, Rich & Julie, 123 Project
- Bishop Richard, Leanne, Rachel and Nicholas.
- The Eastern Region of the Diocese, Archdeacon Edie Ashley, Regional Dean Rev'd Lyndon Philips
- For Aboriginal Ministry, Rev'd Phyllis Andy & Kathy Dalton
- For Dean Susanna Pain and Rev'd Nikolai Blaskow
- For Hospital and Nursing Home Ministries in Sale: Chaplain The Rev'd Heather Toms and pastoral visiting teams.
- For the congregation and ministry of St Anne's Golden Beach

**For those in special need:** Andrew G, Heather C, Guy M.

For those who mourn.

## Cathedral Prayer Chain Requests

Please contact Naomi McDonald 5144 5922 Kerrie Smith 51456783

**The prayer chain is for anyone in need of prayer**

From Dean Susanna

When the Japanese threatened to invade Papua New Guinea in 1942, Bishop Philip Strong encouraged Anglican mission staff to remain at their posts. Eleven Anglicans – Papuans, English and Australians – were martyred, as were 15 Lutherans, 24 Methodists and 188 Roman Catholics. After the war concluded, these missions were welcomed back by locals. Today we remember the Martyrs of New Guinea, faithful people who stayed with those they loved and served, and were murdered for that. It is good to remember that our faith can be costly.

Today at 10am we also baptise Flynn Timothy Munckton who begins his faith journey today! What an adventure! Who knows where it might lead? Hopefully not to the extreme of martyrdom, but to a full rich life of love and service, knowing that he is much loved by God.

The way of the Spirit of God, is that people matter most.

To follow the way of the letter (of the Law), you have more control; everything is defined; people easily fall into the background.

But in our gospel today, by focusing on attitudes of the heart and resultant behaviour Mark is encouraging us to rethink our approach to the commandments and the Bible, to follow the Spirit, the heart.

Noel Davis offers his poem, **I need you.**

I offer it to you, and especially to Flynn. God says:

‘I am Spirit.  
I need you  
to embody my love.

Be My Hands  
Be My Heart  
Be My Eyes  
Be My Voice  
Be My Tears  
Be My Touch

Be My Joy.

Open to Me.  
Claim your authority.  
Be gentle and kind to yourself  
and to each other.  
Own your beauty and clout  
and the impact that you can make  
in creating a new day.’

*Noel Davis*

Love and blessings to you all,  
*Susanna*

# *News and Events*

**Congratulations to Avon Parish** (Stratford) on their 150<sup>th</sup> Anniversary this weekend. Bishop Richard is preaching at their special service this afternoon at 2pm.

We are building up our **Pastoral Care Team** visiting Assisted Accommodation, and those who are sick. We have another **meeting** of those interested in **Pastoral Care** on **TODAY** at 11.40am

On **9<sup>th</sup> September** we welcome the **Parish of Mirboo North**. They will have a tour of the cathedral followed by a 3pm service and a light 'soup and sandwiches' meal before returning home. If you can help cater, see sheet. And if coming, also see sheet – for catering purposes.

**Meals on Wheels needs our help on 10-14<sup>th</sup> September**. A reminder you need a current police check to be allowed to do this. See Christine or fill in form.

Reminder: **Evening Prayer Monday to Wednesday** 5.30pm, and Meditation Thursday 5.30pm, as well as Wednesday morning 7.45am Meditation.

All members of the **Prayer Chain** are invited to attend a meeting on Wednesday 12<sup>th</sup> September 2.30pm in the Community Room to update the prayer chain, raise questions and concerns and to pray and give thanks for answered prayer.

A **Police Remembrance Day Service** is to be held 11am 25<sup>th</sup> September.

There is a retiring offertory for the **ABC Drought Relief Fund** today.

**Diocesan Retreat** Retreat Leader: Bishop Garry Weatherill Bishop of the Anglican Diocese of Ballarat 7-8 September 2018 Come on retreat and savour the beauty and peace of **The Abbey on Raymond Island**. To book or further information contact The Abbey on (03) 5156 6580 or [info@theabbey.org.au](mailto:info@theabbey.org.au)

**Raffle results:** 1<sup>st</sup> M Scicluna 2<sup>nd</sup> 'Heather' Both expressed their surprise as they 'never win anything!'. Thanks again to all who supported it. **\$1015 raised!**

**Defibrillator. Very generous donations have raised ALL we need to** purchase a defibrillator for the Cathedral. *Anyone who would like to be trained or who is already trained please let Susanna or Christine know.*

**St Paul's Men's Breakfast Group** will meet in Delbridge Hall Community Room for their September meeting on Saturday September 8<sup>th</sup> at 8 o'clock.

**St John's Maffra is holding a Craft weekend** 8<sup>th</sup> and 9<sup>th</sup> September. Bring along your craft project- Scrapbooking, Sewing, Card making Knitting Beading Patchwork..... your choice leave your equipment set up for the weekend Craft Demonstrations, too! At Geoff Webster Centre, Thomson Street, Maffra. \$20.00 for 1 day, \$35.00 for 2 days. Contact- Chris McIntosh on 0408324306 to book table space

See poster on 'Keys to better health' Speakers at Bundy hall Wed Sept 5<sup>th</sup>.

## Garage Sale Update: 6<sup>th</sup> October

There will be a "Cake Stall" so need donations of cakes and slices. These can be delivered to the stall on the day or if you would like them collected please contact Grant Woolcock 51432552. Plates and/or paper slips for ingredients available.

**Helpers to set up on 4<sup>th</sup> and 5<sup>th</sup> October and on the day needed.** The 4<sup>th</sup> involves some furniture relocation and all physical support particularly appreciated. Please contact Grant 51432552 and Peter 0428818668 if able to help.

‘**The Artist’s Rule**’ Book Group continues on Wednesday 12 September at 11.30am.

### Internet Bank Transfer: Cathedral’s ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering or ? ?? guttering!!??

### Internet Bank Transfer: St Paul’s Building Fund

BSB 705 077 Acc no: 000 409 69 NO reference needed

*Cheques made out to Anglican Diocese of Gippsland*

### VOLUNTEER ROSTERS for the coming week

**Morning Tea: 8am:** R Weir /H Harrap **10am:** L Glover/K Harrington

**Flowers:** J Mielke

*Readings for 9<sup>th</sup> September*

1<sup>st</sup> – Proverbs 22.1-2, 8-9, 22-23 2<sup>nd</sup> – James 2.1-10, 14-17 **G** – Mark 7.24-37

## Weekly Diary of Church Activities

3 <sup>rd</sup> Monday	5.30pm	Evening Prayer
4 <sup>th</sup> Tuesday	9.30am	Tadpoles Playgroup
	3.00pm	Service at Royal Freemasons
	<b>5.30pm</b>	<b>Evening Prayer</b>
5 <sup>th</sup> Wednesday	7.45am	Meditation Group in Lady Chapel <i>‘pre’ stretching at 7.30</i>
	10.00am	Holy Communion in the Lady Chapel
	<b>5.30pm</b>	<b>Evening Prayer</b>
6 <sup>th</sup> Thursday	9.30am	<i>mainly music</i>
	5.30pm	Meditation Group in Lady Chapel
7 <sup>th</sup> Friday		<i>Susanna’s day ‘off’</i>
8 <sup>th</sup> Saturday	8.00am	Mens’ Breakfast in the Community Room

**Sunday Bulletin contact:** Christine Morris 51444979 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)

**Web/Facebook contact** Karena King 0438 446 488 [webmaster@stpaulssale.org.au](mailto:webmaster@stpaulssale.org.au)

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# Coming up at St Paul's

Sunday Sept 9<sup>th</sup> **Mirboo North Parish visit to the Cathedral**  
3pm Service together

Sunday Sept 23<sup>rd</sup> 2.30pm – 4.30pm **Interplay Workshop**  
*Freshness and New Life* with Cynthia Winton Henry,  
founder of InterPlay. St Paul's Delbridge Hall,  
cost by donation. Bookings essential: susanna.pain@gmail.com 0418637469

Tuesday 25<sup>th</sup> September. 11am  
**A Police Remembrance Day Service** is to be held

Sunday Sept 30<sup>th</sup> 1.30pm - 4pm  
**Contemplative Quiet Afternoon at Gippsland Gallery**  
with Dean Susanna

Oct 6<sup>th</sup> **Giant Garage Sale**

Saturday October 27<sup>th</sup> 2.30pm – 4.30pm **InterPlay Workshop**  
*Playing in a Topsy-Turvy World* with Peter Batten  
at Gregg Hall, behind the Uniting Church Cnr Raymond and MacAlister, Sale.  
cost by donation. Bookings essential: susanna.pain@gmail.com 0418637469

Sunday October 7<sup>th</sup> 10am Service **Blessing of the Pets**

Sunday Nov 11<sup>th</sup> 1.30pm - 4pm  
**Contemplative Quiet Afternoon at Sale Botanic Gardens**  
with Dean Susanna

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**InterPlay** is committed to fun and personal fulfilment. It celebrates the creativity in every one of us and reminds us to play and embrace life. It helps reconnect body, mind, heart and spirit giving a deeper knowledge of self and our own creative potential. In small incremental steps learn to create stories, dance and song that you didn't even know were inside you. If you would like to become a "*recovering serious person*", then InterPlay is for you.

For more information about InterPlay: <http://www.interplayaus.com.au/>.