



# St Paul's Cathedral, Sale

*St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport*

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

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**Cathedral Parish Vision:** "People of Christian faith – **7 October 2018**  
*Encouraging connection between the Divine and the everyday.* **St Francis Day**

## Sunday Bulletin

**Hymn 8am** **TiS 100** **All creatures of our God vs 1,4, 7**  
**10am** **S 942** **Praise God # 42**



### Sentence from Scripture

You, Lord, are all that I have; I have promised to keep your word. I have sought your favour with all my heart; be gracious to me according to your promise.

*Psalm 119.57-58*

### Prayer of the Day

God, our Creator, help us to love  
all creatures as our family,  
all animals as our partners on Earth,  
all birds as messengers of praise,  
all small beings as expressions of your mysterious design  
and all frogs as voices of hope. **Amen**



### Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** (*including Sunday Club for primary aged children*)

**Wednesdays – 10.00am** in the Lady Chapel

<i>Sunday</i>	<b>Healing Eucharist</b>	<i>1<sup>st</sup> Sunday of the month at 5.00 pm</i>	<b>TODAY</b>
<i>Evenings</i>	<b>Q&amp;A</b>	<i>Occasionally 2<sup>nd</sup> Sunday of the month 3.30pm to 5pm</i>	
	<b>Messy Church</b>	<i>3<sup>rd</sup> Sunday of the month at 4.00 pm</i>	
	<b>Contemplative Service</b>	<i>Last Sunday of the month at 5.00pm</i>	

### Out Centre Services:

<b>St Anne's Golden Beach</b>	<i>10.30am</i>	<i>1<sup>st</sup> Sunday 2.00pm</i>	<i>3<sup>rd</sup> Sunday of the month</i>	<b>TODAY</b>
<b>St Alban's Kilmany</b>	<i>11.00am</i>	<i>3<sup>rd</sup> Sunday of the month</i>		
<b>St Mark's Loch Sport</b>	<i>10.30am</i>	<i>2<sup>nd</sup> and 4<sup>th</sup> Sundays of the month</i>		

*Hon. Priest: Rev'd Nikolai Blaskow 0428 167 724 [nikolai@nikolaiblaskow.com](mailto:nikolai@nikolaiblaskow.com)*

*Hon. Deacon: Rev'd Brian Norris 0418 633446 [BrianN@gippsanglican.org.au](mailto:BrianN@gippsanglican.org.au)*

*Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217*

*Cathedral Organist: Anthony Hahn 0437 569 608*

### ***Prayer for St Paul's***

**Come Holy Spirit breathe through us:**

**Enable us to know and make known the connection  
between You and the everyday.**

**Help us to be relevant and approachable to the community,  
to engage inclusively with them and each other,  
and to stay connected with you.**

**Enable us to show Christ's unconditional love in action.**

**This we ask in Jesus name, Amen.**

### **A Reading from the Book of Daniel**

Everything growing from the earth, bless the Lord,  
You springs, bless the Lord,  
Seas and rivers, bless the Lord,  
You dolphins and all water creatures, bless the Lord,  
All you birds of the air, bless the Lord,  
All you beasts, wild and tame, bless the Lord,  
praise and exalt God above all forever. Daniel 3:74-81  
Hear the word of the Lord. **Thanks be to God.**



### **Psalm**

All dogs and cats, large and small:

**Praise the Lord!**

All rabbits, mice, and guinea pigs:

**Praise the Lord!**

All goldfish, guppies, and swimming creatures:

**Praise the Lord!**

All kookaburras, wrens, and singing birds:

**Praise the Lord!**

All horses, cows, and sheep:

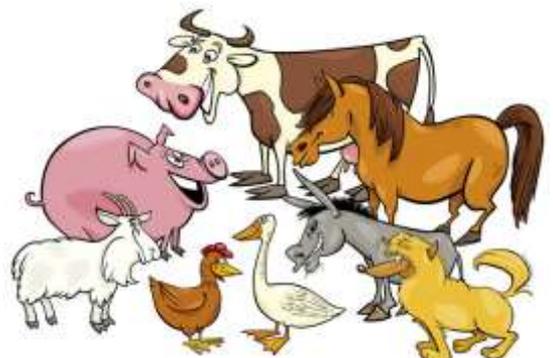
**Praise the Lord!**

All lizards, snakes and creeping things:

**Praise the Lord!**

Every animal in the sky, the sea, and the forest:

**Praise the Lord!**



## **A Reading from the Letter to the Romans**

We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

Likewise the Spirit helps us in our weakness; for we do not know how to pray as we ought, but that very Spirit intercedes with sighs too deep for words. And God, who searches the heart, knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.

We know that all things work together for good for those who love God, who are called according to his purpose. *Romans 8. 22-28*

Hear the word of the Lord. **Thanks be to God.**

**Gospel Hymn 8am TiS 135 All things Bright and Beautiful vs 1,3, 5**  
**10am Cov S 37 If I were a butterfly**

The Gospel of our Lord Jesus Christ according to Matthew

**Glory to you Lord Jesus Christ.**

‘Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

‘So do not worry about tomorrow, for tomorrow will bring worries of its own. Today’s trouble is enough for today. *Matthew 6: 25-34*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

**Offertory Hymn 8am& 10am TiS 607 Make me a Channel of your Peace**

**Final Hymn 10am Cov S 51 Thank you God #17**

## Prayers:

- For missionaries/agencies: ABM, CMS, BCA, Rich & Julie, 123 Project
- Bishop Richard, Leanne, Rachel and Nicholas.
- The Eastern Region of the Diocese, Archdeacon Edie Ashley, Regional Dean Rev'd Lyndon Philips
- For Aboriginal Ministry, Rev'd Phyllis Andy & Kathy Dalton
- For Dean Susanna Pain and Rev'd Nikolai Blaskow
- For Hospital and Nursing Home Ministries in Sale: Chaplain The Rev'd Heather Toms and pastoral visiting teams.
- For the congregation and ministry of St Anne's Golden Beach

**For those in special need:** Andrew G, Heather C, Guy M  
For those who mourn.

### Cathedral Prayer Chain Requests

Please contact Naomi McDonald 5144 5922 Kerrie Smith 51456783

**The prayer chain is for anyone in need of prayer**

From the dean

Thank you to all who helped make the garage sale such a success!! What a mammoth effort! Thank you particularly to Peter Mielke, and to Grant for their oversight. Thank you.

Today we celebrate St Francis Day, and at 10am welcome our pets to the service. Vint Virga, a Doctor of Veterinary Medicine and specialist of veterinary behavioural medicine, describes 10 things that animals can teach us about being human, based on his experience of (trying to) immerse himself in the world from their perspective:

#### 1. **Savour the moment.**

Animals, like children, live in the present moment. What would it be like for you to notice and appreciate more of the present?

#### 2. **Heed your instincts.**

Animals use all of their senses available to them and trust their instincts. What signals are your senses trying to send that your rational mind ignores?

#### 3. **Keep focused on what's most important.**

Animals are reminders of how much we value connecting with others and sharing our hearts even when we are exhausted and spent.

#### 4. **Don't get bogged down on words.**

Humans often rely on words, but our animal friends and Creation teaches us that there are multiple ways to communicate.

#### 5. **Take time to rest.**

We are often in a rush. The dog or cat that naps reminds us that napping isn't a luxury, but a necessity.

#### 6. **Remember to play.**

As Dr. Virga observes, "The creatures around us routinely play to invent, discover, and bring joy to their day." What is your favourite way to play and when is the last time you played?

## 7. **Don't take yourself so seriously.**

Dogs and cats at play are fully absorbed and not inwardly critical of themselves or others. When is that last time you were not overly concerned with yourself?

## 8. **Let go of attachment to being right or wrong.**

As Dr. Virga writes: "When we defer to our sense of pride and self-importance, we risk losing the outcomes and results we want most." How often has your health or well-being or something else suffered because of your pride or self-importance?

## 9. **Practice forgiveness.**

How often do you re-hash arguments or deeds from the past? For animals, "the continuity of their lives takes precedence over reliving the past."

## 10. **Love unconditionally.**

Anyone who has been greeted at the door by a cat or dog, small human, or even a pig knows that animals and little people are much less likely than adults to impose conditions on our love.

Some might wonder why we honour St Francis, and bless animals this Sunday in church. Some might even think it a little strange and a little less than reverent. Yes, it is fun, and yes, it is a chance to bless our animal friends and pets. But even more importantly, it is a collective reminder to all of us—both inside and outside the church—that we are part of Creation. And as members of Creation, we still have a lot to learn. Creation did not end with the creation story in Genesis.

As Napoleon Bonaparte once said about his horse, "Marengo," "*When I lost my way, I was accustomed to throw the reins on his neck, and he always discovered places where I, with all my observation and boasted superior knowledge, could not.*"

Or as the writer of Job wrote: '*But ask the animals, and they will teach you; the birds of the air, and they will tell you; ...and the fish of the sea will declare to you. In his hand is the life of every living thing...*' (Job 12: 7, 8b, 10a)

<http://bethesdaucc.org/sermon/can-learn-animals-message-animal-blessing-sunday-rev-dee-ledger-sept-3-2017/>

I will be attending the **Clergy Retreat** Monday to Thursday this week at the Palloti Retreat Centre, Millgrove. Thank you to those filling in in my absence.

*Susanna*

## **Pastoral Care Training**

Following some meetings of those interested or involved in visiting those who are sick, in residential care, or unable to get out, we will be offering some training for those excited by this ministry. We will explore 'what is pastoral care?', the art of affirmation and helping, listening, prayer, helping in a crisis, spirituality and biblical basis of pastoral care,.. Sunday 14 October 2pm - 4pm, Sunday 28 October 2pm - 4pm and Saturday 10 November 2pm - 4pm. If you're interested please put your name on the list.

**Rev'd Brian Norris** will be absent from the parish until mid- November 2018.

# *News and Events*

## **Chapter News**

### Budgeting and Planning for the Future

This year for the first time Chapter has started to work with a Work Selection Tool that is used in some larger organisations and that looks holistically at competing priorities and ranks these in order of merit against a select set of key measures.

For St Paul's Cathedral the measures we have used this year look at Health and Safety, Environmental Factors, Facility Betterment and Regulatory Requirements. Rank numbers of 1 through 4 against these measures help us to determine what is important to do soon and what we can leave for a later date.

This year under the Environmental measure, our congregation has supported the repairs to the Cathedral's Guttering for \$11,500, a large and very important project affecting the integrity of the Cathedral's structure.

Two other high priority areas Chapter is now focused on, and that require funding support for next year, concern the Cathedral's Brick Work Pointing and the Youth Hut's Timber repairs, both again are large projects affecting the Cathedral precinct and will require careful budget attention to complete.

The challenges facing our current and future Chapter, and decisions moving forward, will build on the early learnings from this year on prioritising the Cathedral's project work plans. *Peter Mielke*

Chapter has also agreed to the purchase of a **new (colour) photocopier** that will be able to fold and staple the bulletins etc. for Sunday. This is being covered by a very generous parishioner who is willing to give several years of offerings as a lump sum. Thank you! If people would like to donate to a specific item, work project etc. in memory of someone or as a gift, Chapter would love to hear from you.

**Chapter House** has had many workers demolishing and starting the renovations needed for the Registry Office to move in. Please be careful around this area.

Although St Paul's **AGM is on 25<sup>th</sup> November**, the year has concluded at the end of September, so please start writing your AGM reports and email them to Christine. If you are interested in becoming part of Chapter, please feel free to ask!

### **Internet Bank Transfer: Cathedral's ministry and mission**

BSB 013-795 Account no: 4962-98866 Ref: Offering or ? ?? guttering!?!??

### **Internet Bank Transfer: St Paul's Building Fund**

BSB 705 077 Acc no: 000 409 69 NO reference needed

*Cheques made out to Anglican Diocese of Gippsland*

### **VOLUNTEER ROSTERS for the coming week**

**Morning Tea: 8am:** R Weir /H Harrap **10am:** L Glover/K Harrington

**Flowers:** Lyn Ruff

**Readings for 14<sup>th</sup> October**

**1<sup>st</sup>** – Job 23.1-9, 16-17 **2<sup>nd</sup>** – Hebrews 4.12-16 **G** – Mark 10.17-31

# Weekly Diary of Church Activities

- 8<sup>th</sup> **Monday** 5.30pm Evening Prayer
- 9<sup>th</sup> **Tuesday** 9.30am Tadpole Playgroup  
3.00pm Service at Royal Freemasons  
5.30pm Evening Prayer
- 10<sup>th</sup> **Wednesday** 7.45am Meditation Group in Lady Chapel *'pre' stretching at 7.30*  
10.00am Holy Communion in the Lady Chapel  
1.30am Service at Wilson Lodge  
5.30pm Evening Prayer
- 11<sup>th</sup> **Thursday** 9.30 *mainly music*  
5.30pm Meditation Group in Lady Chapel
- 12<sup>th</sup> **Friday** *Susanna's day off*
- 13<sup>th</sup> **Saturday**

**Sunday Bulletin contact:** Christine Morris 51444979 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)  
**Web/Facebook contact** Karena Nagy 0438 446 488 [webmaster@stpaulssale.org.au](mailto:webmaster@stpaulssale.org.au)

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## Coming up at St Paul's

### InterPlay Workshop

Saturday October 27<sup>th</sup> 2.30pm – 4.30pm

*Playing in a Topsy-Turvy World* with Peter Batten

at Gregg Hall, behind the Uniting Church

Cnr Raymond and MacAlister, Sale.

Cost by donation.

Bookings essential: [susanna.pain@gmail.com](mailto:susanna.pain@gmail.com) 0418637469

Sunday Nov 11<sup>th</sup> 1.30pm - 4pm

**Contemplative Quiet Afternoon at Sale Botanic Gardens**

with Dean Susanna