



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website:stpaulssale.org.au **Facebook:**www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *People of Christian faith –
Encouraging connection between the Divine and the everyday.*

3rd March 2024

Lent 3

Sentence of Scripture

God spoke these words and said,

'I am the Lord your God, who brought you out of the land of Egypt,
out of the house of slavery; you shall have no other gods before me.' *Exodus 20.1*

Prayer of the Day

Lord our God,

by your Holy Spirit

write your commandments upon our hearts
and grant us the wisdom and power of the cross,
so that, cleansed from greed and selfishness,
we may become a living temple of your love;
through Jesus Christ our Lord.

Amen

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month (Not in December or January)

St Mark's Loch Sport *Services only at Easter and Christmas*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation: **Weekdays: silent Christian Meditation, 8.15am-8.45am**

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Associate Priest: Rev'd Lyn Williams 0476 285 697 redlandsoasis@protonmail.com

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Honorary Canon, Rev'd Canon David Head davidrhead51@gmail.com 0412 273 678

Honorary Associate Priest: Rev'd Dr Tim Gaden 0488 110 415

Tim.Gaden@gippslandgs.vic.edu.au

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: julie@kooyoora.org.au You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

Please pray for our supported student Moses Baiduduga at Newton College PNG.

A Reading from the Book of Exodus

Then God spoke all these words: I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me. You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments. You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name. Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore the Lord blessed the sabbath day and consecrated it. Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you. You shall not murder. You shall not commit adultery. You shall not steal. You shall not bear false witness against your

neighbour. You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Exodus 20.1-17

Hear the word of the Lord. **Thanks be to God.**

Psalm 19

The heavens declare the glory of God:

and the firmament proclaims his handiwork;

One day tells it to another:

and night to night communicates knowledge.

There is no speech or language:

nor are their voices heard;

Yet their sound has gone out through all the world:

and their words to the ends of the earth.

There he has pitched a tent for the sun:

which comes out as a bridegroom from his chamber,

and rejoices like a strong man to run his course.

Its rising is at one end of the heavens,

and its circuit to their farthest bound:

and nothing is hidden from its heat.

The law of the Lord is perfect, reviving the soul:

the command of the Lord is true,

and makes wise the simple.

The precepts of the Lord are right, and rejoice the heart:

the commandment of the Lord is pure,

and gives light to the eyes.

The fear of the Lord is clean, and endures for ever:

the judgements of the Lord are unchanging,

and righteous every one.

More to be desired are they than gold, even much fine gold:

sweeter also than honey,

than the honey that drips from the comb.

Moreover, by them is your servant taught:

and in keeping them there is great reward.

Who can know their own unwitting sins?:

O cleanse me from my secret faults.

Keep your servant also from presumptuous sins,

lest they get the mastery over me:

so I shall be clean, and innocent of great offence.

May the words of my mouth and the meditation
of my heart be acceptable in your sight:

O Lord, my strength and my redeemer.

A Reading from the First Letter to the Corinthians

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God.

For it is written,

‘I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.’

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world?

For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe.

For Jews demand signs and Greeks desire wisdom,
but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles,

but to those who are called, both Jews and Greeks, Christ the power of God and the wisdom of God.

For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

1 Corinthians 1.18-25

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John

Glory to you Lord Jesus Christ.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, ‘Take these things out of here! Stop making my Father’s house a market-place!’ His disciples remembered that it was written, ‘Zeal for your house will consume me.’ The Jews then said to him, ‘What sign can you show us for doing this?’ Jesus answered them, ‘Destroy this temple, and in three days I will raise it up.’ The Jews then said, ‘This temple has been under construction for forty-six years, and will you raise it up in three days?’ But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken. *John 2.13-22*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection:

The Psalmist, in Psalm 19, speaks in beautiful and timeless language of the grandeur of God revealed in the natural world, and in 1 Corinthians 1:18-25 Paul speaks of the wisdom of God that surpasses human wisdom. In a world in which science and religion have long been seen by many as mutually exclusive, the progress of science can be seen to be leading more to a convergence than a divergence. For as science continues to roll back the frontiers of human knowledge it, paradoxically, simultaneously extends the frontiers of the unknown, and in the process reveals anew, for those who take the time to see, the awe-inspiring mystery that underpins our universe, and the provisional nature of the understanding derived from human wisdom.

- Lord, empower us to see your grandeur revealed in the world around us and, seeing this, strengthen our resolve to husband and nurture our earthly home.
- Give thanks for the work and witness of NATSIAC, the National Aboriginal and Torres Strait Islander Anglican Council

Text: Ron Hacker, Diocese of Newcastle

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ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Lent changes

You may have noticed that the furniture has changed - again! We originally moved the chairs to behind the altar for Lent last year, for the reason that when there was a presider or preacher other than the Dean and they sat up in the canons' stalls they couldn't be seen by the congregation. When we had lots of clergy and lay leaders in the sanctuary this worked well. But over the last year we've become leaner in terms of who's available to lead worship... And so we're trialing another iteration. Two of the chairs have been moved to the side, next to the presenter's stall. This will be where a presider other than the dean will sit. It's also conveniently close to the lectern... Anyway, we will see how this works - I'll welcome feedback from those sitting in the congregation.

Dean Keren

Please wear your namebadge, to the services as well as to morning tea, so we can all get to know your names. If you don't have one, see Christine.

Morning prayer

Please join Dean Keren in the Cathedral for Morning Prayer every Friday at 9am. We'll pray for our parish and diocese, and any other concerns pray-ers may have!

THE BLUE BIN for Op shop items has been removed. Morwell has been overwhelmed with items and underwhelmed with willing and able volunteers!

ABM LENT APPEAL Envelopes available

Unfortunately, in many parts of the world, deprivation and vulnerability are not an option, but are the continuing reality of life. We invite you to support our Lent and Good Friday Appeal, which continues the Lenten tradition of sacrificial giving and compassion.

Almost two-thirds of households in the Gaza Strip experience food insecurity. Providing even basic food requirements for the family can be challenging. Among other concerns, this can result in malnutrition or stunting in children.

Prior to the current conflict in Gaza, the Al Ahli Hospital ran a longstanding Child Nutrition Program for children aged 6 months to 3 years to help address malnutrition. A partner program, called 'Woman-to-Woman', saw trained women from a mother's own community going into their home to provide essential training in nutrition, self-esteem, communication skills and gender.

Wanderers: I am planning a bus trip to Walhalla for Friday 5th April you will only have to pay for your meals, etc as bus payment is covered. I need to know approximately how many going so I know what size bus to book. Please let Jan Lear know on 0421605461. Everyone welcome can pick up if you can't drive to any of these events.

Thank you to those who catered for Margaret's wake this week, and to those who helped at or attended Friday's get to know you. Some creative craft pictured below.



Task:
Build a church and congregation.

You're invited to a:
Seminar on Lament

Presented by

The Rev'd Dr Jill Firth

Lecturer in Hebrew and Old Testament, Ridley College

Saturday 9th March 2:00pm - 4:30pm

St Paul's Cathedral, Sale

For more information, please contact:

dean@stpaulssale.org.au or (03) 5144 2020.



To register interest:

<https://www.trybooking.com/CPFAQ>

This seminar will be offered live in person and via zoom.

An email with the link for the zoom session will be sent the day before.

Coming up at The Abbey



March 14th – *Hush Quiet Day: Spirituality from the Desert.* Facilitator: Dr Cath Connelly

10.00am – 3.00pm. BYO lunch. \$20 donation. Please RSVP by March 1st.

March 23rd – *Stitch 'n Time*

Bring your Unfinished Projects (UFOs), sewing, knitting, crochet etc. Bring your friends and have a laugh, a great lunch, and a never-ending morning and afternoon tea, a display of quilts, some trade tables and a goodie bag.

10.00am – 3.00pm. \$40.

Please RSVP 5156 6580 info@theabbey.org.au

The (10am) service each week is live streamed. (Search *St Paul's Cathedral Sale when in* YouTube) <https://www.youtube.com/@stpaulscathedralsale/streams>

Internet Bank Transfer: Cathedral's ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Sunday Bulletin / Web/Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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SLOW DANCE :

Have you ever watched kids
On a merry-go-round?
Or listened to the rain
Slapping on the ground?
Ever followed a butterfly's erratic flight?
Or gazed at the sun into the fading night?
You better slow down.
Don't dance so fast.
Time is short. The music won't last.

Do you run through each day
On the fly?
When you ask How are you?
Do you hear the reply?
When the day is done
Do you lie in your bed
With the next hundred chores
Running through your head?
You'd better slow down
Don't dance so fast.
Time is short. The music won't last.

Ever told your child,
We'll do it tomorrow?
And in your haste,
Not see his sorrow?
Ever lost touch,
Let a good friendship die
Cause you never had time
To call and say, "Hi"
You'd better slow down.
Don't dance so fast.
Time is short. The music won't last.

When you run so fast to get somewhere
You miss half the fun of getting there.

When you worry and hurry through your day,
It is like an unopened gift thrown away.

Life is not a race. Do take it slower
Hear the music Before the song is over.