



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

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YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: "People of Christian faith – Encouraging connection between the Divine and the everyday." **19th February 2023**
Transfiguration

Sentence of Scripture

Suddenly a bright cloud overshadowed them, and from the cloud a voice said,
'This is my beloved Son, with whom I am well pleased; listen to him!'

Matthew 17.5

The Prayer of the day

O God, in the transfiguration of your Son
you confirmed the mysteries of the faith
by the witness of Moses and Elijah,
and in the voice from the cloud

you foreshadowed our adoption as your children:
make us, with Christ, heirs of your glory,
and bring us to enjoy its fullness;

through the same Jesus Christ our Lord, who lives and reigns with you
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am

Wednesdays - 10.00am in the Lady Chapel

Meditation in person: 4.15pm Mondays except in January

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday 2.00pm 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month

St Mark's Loch Sport 10.30am 4th Sunday of the month

Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation: Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Meditation on Mondays at 4.15pm in the cathedral

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Associate Priest: Rev'd Lyn Williams 0476 285 697 redlandsoasis@protonmail.com

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Honorary Canon, Rev'd Canon David Head davidrhead51@gmail.com 0412 273 678

Honorary Associate Priest: Rev'd Dr Tim Gaden 0488 110 415

Tim.Gaden@gippslandgs.vic.edu.au

Cathedral Organist: Anthony Hahn 0437 569 608

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Please pray for our supported student Hemirose Igo at Newton College PNG.

A Reading from the book of Exodus

The Lord said to Moses, 'Come up to me on the mountain, and wait there; and I will give you the tablets of stone, with the law and the commandment, which I have written for their instruction.' So Moses set out with his assistant Joshua, and Moses went up into the mountain of God. To the elders he had said, 'Wait here for us, until we come to you again; for Aaron and Hur are with you; whoever has a dispute may go to them.' Then Moses went up on the mountain, and the cloud covered the mountain. The glory of the Lord settled on Mount Sinai, and the cloud covered it for six days; on the seventh day he called to Moses out of the cloud. Now the appearance of the glory of the Lord was like a devouring fire on the top of the mountain in the sight of the people of Israel. Moses entered the cloud, and went up on the mountain. Moses was on the mountain for forty days and forty nights. *Exodus 24.12-18*

Hear the word of the Lord. **Thanks be to God.**

Psalm 2

Why are the nations in tumult:

and why do the peoples cherish a vain dream?

The kings of the earth rise up

and the rulers conspire together:

against the Lord and against his anointed, saying,

'Let us break their bonds asunder:

let us throw off their chains from us.'

He that dwells in heaven shall laugh them to scorn:

the Lord will hold them in derision.

Then will he speak to them in his wrath,

and terrify them in his fury:

'I, the Lord, have set up my king on Zion my holy hill.'

I will announce the Lord's decree,
that which he has spoken:
'You are my son, this day have I begotten you.
'Ask of me,
and I will give you the nations for your inheritance:
the uttermost parts of the earth for your possession.
'You may break them with a rod of iron:
and shatter them in pieces like a potter's vessel.'
Now therefore be wise, O kings:
be advised, you that are judges of the earth.
Serve the Lord with awe,
and govern yourselves in fear and trembling:
lest he be angry, and you perish in your course.
For his wrath is quickly kindled:
blessed are those that turn to him for refuge.

A Reading from The Second Letter of Peter

For we did not follow cleverly devised myths when we made known to you the power and coming of our Lord Jesus Christ, but we had been eyewitnesses of his majesty. For he received honour and glory from God the Father when that voice was conveyed to him by the Majestic Glory, saying, 'This is my Son, my Beloved, with whom I am well pleased.' We ourselves heard this voice come from heaven, while we were with him on the holy mountain. So we have the prophetic message more fully confirmed. You will do well to be attentive to this as to a lamp shining in a dark place, until the day dawns and the morning star rises in your hearts. First of all you must understand this, that no prophecy of scripture is a matter of one's own interpretation, because no prophecy ever came by human will, but men and women moved by the Holy Spirit spoke from God. *2 Peter 1.16-21*
Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Matthew **Glory to you Lord Jesus Christ.**

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain, by themselves. And he was transfigured before them, and his face shone like the sun, and his clothes became dazzling white. Suddenly there appeared to them Moses and Elijah, talking with him. Then Peter said to Jesus, 'Lord, it is good for us to be here; if you wish, I will make three dwellings here, one for you, one for Moses, and one for Elijah.' While he was still speaking, suddenly a bright cloud overshadowed them, and from the cloud a voice said, 'This is my Son, the Beloved; with him I am well pleased; listen to him!' When the disciples heard this, they fell to the ground and were overcome by fear. But Jesus came and touched them, saying, 'Get up and do not be afraid.' And when they looked up, they saw no one except Jesus himself alone. As they were coming down the

mountain, Jesus ordered them, ‘Tell no one about the vision until after the Son of Man has been raised from the dead.’ *Matthew 17.1-9*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Dean’s Reflection

The experience of being on the mountain top with Jesus when he was transfigured must have had a profound impact on Peter (and we can assume the other disciples too). In the portion for today from his second letter he declares that he was an eyewitness to Jesus’ majesty, and an auditor of the voice that spoke from the Majestic Glory owning Jesus as the beloved Son.

Here, today, at the end of Epiphany season, the season of light, with Peter’s first auditors and readers we’re encouraged to hold fast to the message – that in the “beloved son” who has received glory and majesty, we too are caught up, our names called with fond love and desire. Peter talks about this as the lamp shining in a dark place, something to which we hold our hands, which we guard jealously against the voices and forces that suggest that we are less than beloved, not good enough to be beloved... Until, as Peter says, “the dawn comes and the morning star rises in our hearts”.

What a beautiful metaphor! And we have an idea of what he’s getting at: who hasn’t had their breath taken away as they’ve watched, first the appearance of the morning star glimmering brightly in the sky as its colours change from dark to grey to shades of pink and orange and gold as the sun peeps over the horizon?

At Easter we will hear the Exsultet sung, and the phrase “may Christ the Morning Star find this flame still burning”. The morning star rising in our hearts is the herald of what is to come: the realisation of that time when God will be all and in all, and of which we capture a taste, a glimpse, with every dawn, every new understanding, every reminder that we are God’s beloved, found in Christ.

Your Dean, Keren

Coming up!

Contemplative service 5pm today

Mission Helpers - Monday 20th February at 1:30pm in the community room

Liturgy refresh/walk through for LAs/servers/sidespeople - 2:30pm

25th February (next Saturday) For those who were unable to make it last time.

World Day of Prayer 2023 will be held on Friday March 3 at 7pm. The venue is The Salvation Army Church, Cunningham Street. The service is compiled by the women of Taiwan. Supper. All welcome

Holy Week and Easter coordination meeting - 2-3pm Saturday 4th March (for some clergy, lay readers, sacristans and anyone who's got anything to do with planning for the services from Palm Sunday to Easter Day.

Children's Ministry conversation - 3-4:30pm Saturday 4th March - in which we'll contemplate the future of ministry with children and youth here at the cathedral and explore where God's leading us in this

Mothers' Union Lady Day Celebration - 11am Saturday 25th March - more info soon

Gippsland Grammar Tour Concert - 2pm Sunday 26th March - a free concert featuring the young performers who'll be touring and representing the school's musical accomplishments in Europe in April.

Palm Cross making - 10:30am Saturday 1st April (day before Palm Sunday)

We are helping at the **Lions BBQ in Raymond St again this Saturday**, Christine needs 2 helpers to serve and take the money. Please come and buy a sausage!

Huge thanks to all those who helped cater for a wake on a very hot Friday.

Lent is almost upon us!

On Tuesday 21st we'll be having a **Shrove Tuesday pancake feast** at 6:30pm, followed by a short liturgy for burning the palm crosses for Ash Wednesday.

On Wednesday 22nd, **Ash Wednesday**, there will be two services at 10am and 7pm in the Cathedral, which will include the imposition of ashes.

Throughout Lent we'll be running **Lenten studies** using resources Tim Gaden, Chaplain at Gippsland Grammar and an Honorary Associate at the Cathedral, has written.

Definitely: Community Room : Rev Heather on Wednesdays 3pm. Ro Verspandonk on Tuesdays at 10am. Rev Lyn will run one TBA.

Please **bring your palm crosses from previous years** and place them in the offertory bag or hand them to Keren or one of the sacristans, so that they can be part of the liturgy on Shrove Tuesday, that which we have carried faithfully throughout the year becoming the ashes for this year, from which the new life of Easter will emerge.

Please pray for our Chapter members. 2023 positions:

Christine continues as Chapter Clerk, Kaye H, now Minute Secretary, and welcome back as Treasurer, to Rev Kate. Michael Down returns as Missions Secretary and Jan Down now TGA Rep. Ann M continues as our Safe Ministry Officer.

Please note we have new posters with the new contact details for the **Office of Professional Standards** as Cheryl Russell has retired. Kooyoora Ltd. has now been appointed to provide support services. See the February TGA for more information.

ACTinG webinars from 2022 are available on

<https://www.youtube.com/@AnglicanDioceseofGippsland> Last week's coming soon. For more info you are invited to belong to the ACTinG group and receive updates directly. <https://www.gippslandanglicans.org.au/acting/acting-group>

All raffle prizes were received with surprise (“I never win anything!”) and the hat fitted perfectly on the 1st prize man who had actually been looking for an Akubra!
Many thanks to Olive for most of the prizes.

Did you know that St. Paul's has a Prayer Chain?

That is, a group of men and women who intercede daily for the needs of those who have submitted a request.

The power of prayer is so strong because we know God listens.

It works like this :

You have a need, a worry, or concern about a loved one or something that requires the Lord to handle it. You call me and I start the Prayer Chain by contacting a few faithful people who in turn contact other faith believers.

The chain grows and each person is committed to pray daily for these concerns. There is no discussion and loved ones may be identified by a single letter only. It is all confidential and where appropriate, the person being prayed for should be asked first. If you feel called to pray for others, or have someone who needs prayers, please speak to Dean Keren or me, and be confident in the One who watches over us all. Trish 0418 104 840

Anglican Hospital Chaplaincy – Central Gippsland Hospital Sale

If you would like to have the Hospital Chaplain visit you, a family member or a friend please contact the Revd Heather Toms, Hospital Chaplain on 0400 512 217'.

The (10am) service each week is live streamed. (Search *St Paul's Cathedral Sale when in* YouTube)

<https://www.youtube.com/channel/UCrLG94vHT28kEG4Ghd80PhQ/videos?view=57>

Internet Bank Transfer: Cathedral's ministry and mission and SOLAR

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Internet Bank Transfer: St Paul's Building Fund ('Fill the gap')

BSB 705 077 Acc no: 000 409 69 NO reference needed

Sunday Bulletin / Web/Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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Lenten Pilgrimage The Abbey Raymond Island

Monday 20 – Friday 24 March 2023

Walking the land – listening to Spirit – reflecting together
BOOKINGS ARE OPEN ... You are invited!

Come away ...

- leave behind the everyday ‘clutter’ and make your Lenten Pilgrimage at The Abbey on Raymond Island
- with Dr Cath Connelly and Russell Smith to guide and others with whom you will share the journey
- times for reflection, contemplation, and moments of silence
- time to appreciate creation - the land, the lake, the sea and sky: our growing awareness that the environment is to us friend and partner on the journey
- together as one - blessed by the God of all creation.

Speaking from experience ... Rev Cathy Turbull reflects:

"I participated in last year's Lenten Pilgrimage and found it a great time of quiet reflection and shared experience as we were ably led by our pilgrimage leaders. The interaction with nature on our pilgrimage walks across the Island was a great way to reflect on the diversity and beauty of God's creation from the bush to the expanses of water and we were given prompts by our guides on spiritually reflecting on how we can connect with God as we connect with the natural world around us. Each day ended with an opportunity to reflect on the value of pilgrimage and how we can grow in ourselves through the process. I highly recommend this Lenten pilgrimage." Rev Cathy Turnbull, Deacon-in-charge Parochial District of Nar Nar Goon.

More information:

The Abbey Raymond Island: Email - info@theabbey.org.au Phone – The Abbey (03) 51566580 *****Anna will be on leave from 13 February – 24 February, so please contact Edie 0423 400 359: Email- edieashley@bigpond.com**

Dear Friends and Supporters of The Abbey Raymond Island



Let me introduce you to **The Abbey Chapel of St Barnabas**, standing tall waiting for its long-time needed coat of paint.



Colours have been chosen and the painters will be here soon! From Bundalaguah in the parish of Maffra, some 30 years ago - what a gift this 110 year old chapel has been to The Abbey and to those who pray and worship here! We are so grateful that we are able to give The Chapel its new coat of paint ... retaining red for the doors of course!

Painting of The Abbey Chapel will commence in the first week of March 2023

Sitting beside the Chapel, 'crying out for its coat of paint', is our much loved and used older Abbey building, originally known as 'The Bunk House' and more recently as **Illawarra**. It was built in the early 1960's with concrete bricks made, on site, by boys camping on Raymond Island as part of The Diocesan Youth Program. I remember Bishop John McIntyre telling stories of the 'Bunk House' when, as a school student, he was brought down to camp on Raymond Island. It was straw filled palliases. Just one big room – and the kitchen in Illawarra was a much later addition! The 'Illawarra Renovation Project' has seen some key improvements and the external painting will be the 'Last Update Job' for this project.

In tribute to Peter Down and Brian Turner we would also like to be able to paint the external walls of Illawarra at this time.

As many of you are aware I will be resigning from the role of Abbey Priest after Easter this year. I would love for us to be able to complete the 'Illawarra Renovation' in honour of Peter and Brian. If you would like to contribute that would be so wonderful! The details for contribution are below.

Contributions are Tax Deductible

Direct Deposit: Anglican Earthcare Gippsland ANZ Bank, BSB 013795, Acct # 2060 78399.

please use surname and the letter IPP as reference when making a direct deposit

For Tax Receipt, information or contribution: email Anna Esdaile,
info@theabbey.org.au; phone 03 51566580

**Chapter has decided to give \$500 to this,
you can also put a marked envelope in the offering bag.**