



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website:stpaulssale.org.au **Facebook:**www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: *"People of Christian faith –
Encouraging connection between the Divine and the everyday."*

12th March 2023

Lent 3

Sentence of Scripture

God proves his love for us in that while we still were sinners Christ died for us.

Romans 5.8

Prayer of the Day

O God, the fountain of life,
to a humanity parched with thirst
you offer the living water that springs
from the Rock, our Saviour Jesus Christ:
stir up within your people the gift of your
Spirit, that we may profess our faith with
freshness and announce with joy the
wonder of your love.

We ask this through our Lord Jesus Christ,
who lives and reigns with you in the unity
of the Holy Spirit,
one God, for ever and ever. **Amen.**

Prayer of the Season

Almighty and everliving God,
you hate nothing that you have made,
and you forgive the sins of all
who are penitent:
create and make in us
new and contrite hearts,
that we, worthily lamenting our sins,
and acknowledging our wretchedness,
may obtain of you,
the God of all mercy,
perfect remission and forgiveness;
through Jesus Christ our Lord. **Amen**

Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm **Contemplative Service**

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday 2.00pm 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month

St Mark's Loch Sport 10.30am 4th Sunday of the month

Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Associate Priest: Rev'd Lyn Williams 0476 285 697 redlandsoasis@protonmail.com

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Honorary Canon, Rev'd Canon David Head davidrhead51@gmail.com 0412 273 678

Honorary Associate Priest: Rev'd Dr Tim Gaden 0488 110 415

Tim.Gaden@gippslandgs.vic.edu.au

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Please pray for our supported student Hemirose Igo at Newton College PNG.

A Reading from the Book of Exodus

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Exodus 17.1-7

Hear the word of the Lord. **Thanks be to God.**

Psalm 95

O come, let us sing out to the Lord:

let us shout in triumph to the rock of our salvation.

Let us come before his face with thanksgiving:

and cry out to him joyfully in psalms.

For the Lord is a great God:

and a great king above all gods.

In his hand are the depths of the earth:

and the peaks of the mountains are his also.

The sea is his and he made it:

his hands moulded dry land.

Come, let us worship and bow down:

and kneel before the Lord our maker.

For he is the Lord our God:

we are his people and the sheep of his pasture.

Today if only you would hear his voice—

‘Do not harden your hearts as at Meribah:

as on that day at Massah in the wilderness;

‘When your forebears tested me:

put me to proof, though they had seen my works.

‘Forty years long I loathed that generation and said:

“It is a people who err in their hearts,

for they do not know my ways”;

‘Of whom I swore in my wrath:

“They shall not enter my rest.””

A Reading from The Letter to the Romans

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5.1-11

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John

Glory to you Lord Jesus Christ.

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob’s well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, ‘Give me a drink’. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, ‘How is it that you, a Jew, ask a drink of me, a woman of Samaria?’ (Jews do not share things in common with Samaritans.) Jesus answered her, ‘If you knew the gift of God, and who it is that is

saying to you, “Give me a drink”, you would have asked him, and he would have given you living water.’ The woman said to him, ‘Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?’ Jesus said to her, ‘Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.’ The woman said to him, ‘Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.’ Jesus said to her, ‘Go, call your husband, and come back.’ The woman answered him, ‘I have no husband.’ Jesus said to her, ‘You are right in saying, “I have no husband”; for you have had five husbands, and the one you have now is not your husband. What you have said is true!’ The woman said to him, ‘Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.’ Jesus said to her, ‘Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.’ The woman said to him, ‘I know that Messiah is coming’ (who is called Christ). ‘When he comes, he will proclaim all things to us.’ Jesus said to her, ‘I am he, the one who is speaking to you.’ Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, ‘What do you want?’ or, ‘Why are you speaking with her?’ Then the woman left her water-jar and went back to the city. She said to the people, ‘Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?’ They left the city and were on their way to him. Meanwhile the disciples were urging him, ‘Rabbi, eat something.’ But he said to them, ‘I have food to eat that you do not know about.’ So the disciples said to one another, ‘Surely no one has brought him something to eat?’ Jesus said to them, ‘My food is to do the will of him who sent me and to complete his work. Do you not say, “Four months more, then comes the harvest”? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, “One sows and another reaps.” I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.’ Many Samaritans from that city believed in him because of the woman’s testimony, ‘He told me everything I have ever done.’ So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, ‘It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.’ *John 4.5-42*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

Reflection:

Like the Israelites in today's first reading, we can sometimes lack trust and faith in God when we wander despairingly in the difficult times and, "wildernesses," of our lives. Like them we can also fail to learn from or remember previous times in our lives when God's unending providence, mercy and love did sustain us in challenging times.

I pray that we treasure and learn from the times God freely gave us the life giving, "water," of his love and mercy and have unerring faith and trust that he always shall.

- Pray that we can trust God and believe, even in times of wandering despair.
- Give thanks for the work and witness of the Episcopal Church of South Sudan.

Text: Dr Julie Lewis Holy Hermits Online St John's Cathedral, Brisbane
© Anglican Board of Mission, 2023



ANGLICAN BOARD OF MISSION
Working for Love, Hope & Justice

Children's Ministry Update

At the meeting held on Saturday 4th March to explore principles and options for ministry to children, we agreed that our purpose for reaching out to children and families is that they can discover God's love for them and come to know God for themselves.

We brainstormed many ideas and are researching where there are needs that are not being met by other churches or organisations in the community.

As a first step, we will be providing activity packs for young children to use while in church.

We welcome support from you all in many ways, including ideas for programs or activities that will engage children, youth and families to connect with us, volunteers willing to help with programs, and especially we ask for your prayers, that we will be guided by God's Spirit, as we research and develop something that is right for this place and time.

We urgently need more people to help cater for funeral wakes. We need people to help in the kitchen as well as provide slices and cakes etc. Contact Nancy Schmack on 0417 554 435.

Books: This week, 40 more boxes of leftover books went to Lakes Entrance Vinnies Opshop, and 18 boxes of the religious books have also gone, mostly to the second hand religious bookshop in Ringwood. All greatly appreciated.

Meditation at the Cathedral

We're looking for feedback about how we offer the ministry of meditation in the Cathedral parish. Currently meditation is available online at 8:15am Monday-Friday, and in person at the Cathedral at 4:15pm on Mondays. If you are passionate about continuing to meet in person for meditation please have a chat with Keren or Kate.

MISSION HELPERS is a group of interested parishioners or others who support organisations locally, in Australia and world-wide by financial or other means, such as goods for those in need of assistance, and by prayer.

If you would like to join this group in friendship or special skill, you are most welcome to attend the next meeting on **Monday 20th March @ 1.30pm** in the Community Room. Bring a small plate for afternoon tea and a donation, which is our way of fundraising.

ANGLICAN BOARD OF MISSION AUSTRALIA (ABM) LENT & GOOD FRIDAY APPEAL 2023

This year your monetary gift will help support vulnerable women, youth and children in the Diocese of Jerusalem. Go to

<https://www.abmission.org/appeals/appeals-major/lent2023/> to read the story of Shorouq, a young mother and her mission to support her family.

Donate by placing cash in the now available envelope marked “**ABM LENT**” in the collection bags, or by offertory EFT similarly referenced.

Coming up!

Mothers' Union Lady Day Celebration - 11am Saturday 25th March - more info soon

Gippsland Grammar Tour Concert - 2pm Sunday 26th March at St Paul's - a concert featuring the young performers who'll be touring and representing the school's musical accomplishments in Europe in April. Entry by donation to support their tour.

Palm Cross making - 10:30am Saturday 1st April (day before Palm Sunday)

Throughout Lent we'll be running **Lenten studies** using resources Tim Gaden, Chaplain at Gippsland Grammar and an Honorary Associate at the Cathedral, has written. Community Room : Rev Lyn: Midday Sundays.
Ro Verspaandonk on Tuesdays at 10am. Rev Heather on Wednesdays 3pm.

Please note we have new posters with the new contact details for the **Office of Professional Standards** as Cheryl Russell has retired. Kooyoora Ltd. has now been appointed to provide support services. See the February TGA for more information.

The Cathedral is open every Wednesday to Saturday 2 – 4pm. More helpers needed, see Kathy J or phone her on 0400 444 416

ACTinG webinars from 2022 are available on <https://www.youtube.com/@AnglicanDioceseofGippsland> Last week's coming soon. For more info you are invited to belong to the ACTinG group and receive updates directly. <https://www.gippslandanglicans.org.au/acting/acting-group>

Anglican Hospital Chaplaincy – Central Gippsland Hospital Sale

If you would like to have the Hospital Chaplain visit you, a family member or a friend please contact the Revd Heather Toms, Hospital Chaplain on 0400 512 217'.

The (10am) service each week is live streamed. (Search *St Paul's Cathedral Sale when in* YouTube)

<https://www.youtube.com/channel/UCrLG94vHT28kEG4Ghd80PhQ/videos?view=57>

Internet Bank Transfer: Cathedral's ministry and mission and SOLAR

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Internet Bank Transfer: St Paul's Building Fund ('Fill the gap')

BSB 705 077 Acc no: 000 409 69 NO reference needed

Sunday Bulletin / Web/Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

Copyright 1995 the Anglican Church of Australia Trust Corporation. From the text of A Prayer Book for Australia, published under the imprint of Broughton Books. Reproduced with permission. . The New Revised Standard Version, Nashville, TN Thomas Nelson Publishers 1989. Unauthorised copying is prohibited Together in Song Used with permission

RE: Diocesan Priority – Climate Action and Care For Creation

In June 2022, the Gippsland Synod met and adopted the following motion:

That this Synod makes action on climate change a major focus for the Diocese of Gippsland over the coming three-year cycle of Synod, with parishes and all Diocesan Bodies making a commitment to:

- 1. Learn about climate change, including its current and anticipated future impacts*
- 2. Study the theology of creation and other relevant theology*
- 3. Act to reduce emissions from church buildings and vehicles and to adopt patterns of church life that work towards this end*
- 4. Encourage individuals to reduce household emissions*
- 5. Pray for the wellbeing of all creation:*

Creator God, giver of life

You sustain the earth and direct the nations

In this time of climate crisis

Grant us clarity to hear the groaning of creation and the cries of the poor

Challenge us to change our lifestyles

Guide our leaders to take courageous action

Enable your church to be a beacon of hope

Foster within us a renewed vision of your purposes for your world

Through Jesus Christ our Lord

By and for whom all things were made. AMEN

- Prayer offered by Archbishop of York Stephen Cottrell, prior to COP26.

Based on this motion, Gippsland Anglicans will be focussing on climate action for the remainder of this Synod cycle (through to 2024) and no doubt beyond.

If you have any questions, please contact the ACTinG group via hello@gippslandanglicans.org.au

For more info you are invited to belong to the ACTinG group and receive updates directly. <https://www.gippslandanglicans.org.au/acting/acting-group>