



# St Paul's Cathedral, Sale

**St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport**

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

**Dean: The Very Reverend Keren Terpstra 0438 220 878**

**KerenT@gippslandanglicans.org.au**

**Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850**

**Phone: 5144 2020 email: stpaulssale@wideband.net.au**

**Website:stpaulssale.org.au Facebook:www.facebook.com/StPaulsCathedralSale**

**YouTube: St Paul's Cathedral Sale**

**Cathedral Parish Vision:** *"People of Christian faith –  
Encouraging connection between the Divine and the everyday."*

**7<sup>th</sup> May 2023  
Easter 5**

## Sentence of Scripture

'I am the way, and the truth, and the life,' says the Lord. 'No one comes to the Father except through me.' *John 14.6*

## Prayer of the Day

Everliving God,  
whose Son Jesus Christ is the way,  
the truth, and the life:  
give us grace to love one another,  
to follow in the way of his commandments,  
and to share his risen life;  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever.

**Amen**



## Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am Wednesdays - 10.00am** in the Lady Chapel

*Sunday Evenings 3<sup>rd</sup> Sunday of the month @ 5pm* **Contemplative Service**

## Outcentre Services:

**St Anne's Golden Beach** 10.30am 1<sup>st</sup> Sunday 2.00pm 3<sup>rd</sup> Sunday of the month

**St Alban's Kilmany** 2.00pm 3<sup>rd</sup> Sunday of the month

**St Mark's Loch Sport** 10.30am 4<sup>th</sup> Sunday of the month

**Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

**Meditation: Weekdays: silent Christian Meditation, 8.15am-8.45am**

Meeting ID: 809 497 711 Passcode: 600361

*Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217*

[mhtoms@westnet.com.au](mailto:mhtoms@westnet.com.au)

*Associate Priest: Rev'd Lyn Williams 0476 285 697 [redlandsoasis@protonmail.com](mailto:redlandsoasis@protonmail.com)*

*Honorary Deacon Rev'd Kate Campbell 0402514829 [khcampbell55@gmail.com](mailto:khcampbell55@gmail.com)*

*Honorary Canon, Rev'd Canon David Head [davidrhead51@gmail.com](mailto:davidrhead51@gmail.com) 0412 273 678*

*Honorary Associate Priest: Rev'd Dr Tim Gaden 0488 110 415*

[Tim.Gaden@gippslandgs.vic.edu.au](mailto:Tim.Gaden@gippslandgs.vic.edu.au)

### **Cathedral Prayer Chain Requests**

Please contact Trish Broadbear 0418 104 840

**The prayer chain is for anyone in need of prayer**

*Please pray for our supported student at Newton College PNG.*

### **A Reading from The Acts of the Apostles**

But filled with the Holy Spirit, he gazed into heaven and saw the glory of God and Jesus standing at the right hand of God. 'Look,' he said, 'I see the heavens opened and the Son of Man standing at the right hand of God!' But they covered their ears, and with a loud shout all rushed together against him. Then they dragged him out of the city and began to stone him; and the witnesses laid their coats at the feet of a young man named Saul. While they were stoning Stephen, he prayed, 'Lord Jesus, receive my spirit.' Then he knelt down and cried out in a loud voice, 'Lord, do not hold this sin against them.' When he had said this, he died. *Acts 7.55-60*

Hear the word of the Lord. **Thanks be to God.**

### **Psalm 31.1-5, 17-18**

To you, Lord, have I come for shelter:

**let me never be put to shame.**

O deliver me in your righteousness:

**incline your ear to me and be swift to save me.**

Be for me a rock of refuge, a fortress to defend me:

**for you are my high rock and my stronghold.**

Lead me and guide me for your name's sake:

**bring me out of the net that they have secretly laid for me,**

**for you are my strength.**

Into your hands I commit my spirit:

**you will redeem me, O Lord God of truth.**

All my days are in your hand:

**O deliver me from the power of my enemies**

**and from my persecutors.**

Make your face to shine upon your servant:

**and save me for your mercy's sake.**

## **A Reading from The First Letter of Peter**

Beloved, I urge you as aliens and exiles to abstain from the desires of the flesh that wage war against the soul.

Conduct yourselves honourably among the Gentiles, so that, though they malign you as evildoers, they may see your honourable deeds and glorify God when he comes to judge.

For the Lord's sake accept the authority of every human institution, whether of the emperor as supreme,

or of governors, as sent by him to punish those who do wrong and to praise those who do right.

For it is God's will that by doing right you should silence the ignorance of the foolish.

As servants of God, live as free people, yet do not use your freedom as a pretext for evil.

Honour everyone. Love the family of believers. Fear God. Honour the emperor.

Slaves, accept the authority of your masters with all deference, not only those who are kind and gentle but also those who are harsh.

For it is to your credit if, being aware of God, you endure pain while suffering unjustly.

If you endure when you are beaten for doing wrong, where is the credit in that? But if you endure when you do right and suffer for it, you have God's approval.

For to this you have been called, because Christ also suffered for you, leaving you an example, so that you should follow in his steps.

'He committed no sin,

and no deceit was found in his mouth.'

When he was abused, he did not return abuse; when he suffered, he did not threaten; but he entrusted himself to the one who judges justly.

He himself bore our sins in his body on the cross, so that, free from sins, we might live for righteousness; by his wounds you have been healed.

For you were going astray like sheep, but now you have returned to the shepherd and guardian of your souls. *1 Peter 2.11-25*

Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John

**Glory to you Lord Jesus Christ.**

'Do not let your hearts be troubled. Believe in God, believe also in me. In my Father's house there are many dwelling-places. If it were not so, would I have told you that I go to prepare a place for you? And if I go and prepare a place for you, I will come again and will take you to myself, so that where I am, there you may be also. And you know the way to the place where I am going.' Thomas said to him, 'Lord, we do not know where you are going. How can we know the way?' Jesus said to him, 'I am the way, and the truth, and the life. No one comes to the Father except through me. If you know me, you will know my Father also. From now on

you do know him and have seen him.’ Philip said to him, ‘Lord, show us the Father, and we will be satisfied.’ Jesus said to him, ‘Have I been with you all this time, Philip, and you still do not know me? Whoever has seen me has seen the Father. How can you say, “Show us the Father”? Do you not believe that I am in the Father and the Father is in me? The words that I say to you I do not speak on my own; but the Father who dwells in me does his works. Believe me that I am in the Father and the Father is in me; but if you do not, then believe me because of the works themselves. Very truly, I tell you, the one who believes in me will also do the works that I do and, in fact, will do greater works than these, because I am going to the Father. I will do whatever you ask in my name, so that the Father may be glorified in the Son. If in my name you ask me for anything, I will do it.

*John 14.1-14*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

***Reflection: (by members of St Paul’s during May – July)***

Taking refuge in the Lord in whom we can put our trust and steadfastly living in faith so that as we face our death, we will not break down but reach out in love to one another. Our Lord is all-powerful and benevolent and calls us to love in obedient faith.

- Pray that we will be obedient children keeping our eyes upon the Lord.
- Give thanks for the work and witness of the Melanesian Brotherhood, the Melanesian Sisterhood, the Society of St Francis and the Sisters of the Church who minister throughout the Pacific Islands.

Text: The Reverend Heather, Associate Priest, St Paul’s Cathedral, Sale

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<https://www.abmission.org/resources/pew-reflections/>



**Meetings:**

- Monday 8th May 4:30pm - Property Team meeting
- Wednesday 10th May 3pm - Ministry Team meeting
- Thursday 11th May 7:30pm - Chapter
- Saturday 13th May 3:30pm - Children's Ministry meeting
- Wednesday 17th May 1pm - Pastoral Care Team meeting
- Monday 22nd May 1:30pm - Mission Helpers

**Coronation of a new monarch - King Charles III**

Yesterday evening our time King Charles and Queen Camilla were crowned. We offer them our best wishes and prayers as they step into this role. Prayers will be offered today during the service.

## **Hymnlovers**

A new hymn list will shortly be drawn up, and we're inviting members of the cathedral community to contribute their favourite hymns to the mix! Please fill out the slips of paper in the pew sheet or in the foyer, and return to Keren directly, or through the offertory bag. Alternatively, email her with the following information:

**Your name:**

**Your favourite hymn:**

**Why this is your favourite hymn:**

As hymns are scheduled, whose favourite hymn it is, and why, will be published each week in the pew sheet!

## **The Leprosy Mission in Australia**

Inspired by Jesus' instructions,

*"...Go, proclaim this message: 'The kingdom of heaven has come near.' Heal the sick, raise the dead, cleanse those who have leprosy... Freely you have received; freely give." (Matthew 10:7-8)*

The Leprosy Mission Australia partners with Australians to ensure that people affected by leprosy across the world get the cure, care, and restoration they need to live life in all its fullness.

- \* Every 2 minutes, another person is diagnosed with leprosy
- \* 200,000 people across the world are diagnosed every year
- \* Medication is provided free through the World Health Organisation, but the Leprosy Mission helps with getting it to the people who need it, and provides support
- \* For many, the damage is already done and they need protective shoes to prevent further, permanent disability. This can be the difference between self-sufficiency and deeper poverty.
- \* A Gift Catalogue is available on the Leprosy Mission website:

<https://shop.leprosymission.org.au/>

More information on the Mission Helpers Board in the foyer.

## **Ministry with Children and Families**

Loving God,

We come to you seeking your guidance and wisdom as we embark in the children's ministry. Please grant us clarity of purpose and direction and help us to discern the right path to take. Bless our efforts and may our work be a source of joy and inspiration to the families we seek to serve. Amen

**We are collecting already for the next bookfair.**

## Anglican Hospital Chaplaincy – Central Gippsland Hospital Sale

If you would like to have the Hospital Chaplain visit you, a family member or a friend please contact the Revd Heather Toms, Hospital Chaplain on 0400 512 217’.

**The (10am) service each week is live streamed.** (Search *St Paul’s Cathedral Sale when in* YouTube)

<https://www.youtube.com/channel/UCrLG94vHT28kEG4Ghd80PhQ/videos?view=57>

**Internet Bank Transfer: Cathedral’s ministry and mission and SOLAR**

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

**Internet Bank Transfer: St Paul’s Building Fund (‘Fill the gap’)**

BSB 705 077 Acc no: 000 409 69 NO reference needed

### Sunday Bulletin / Web/Facebook contact:

Christine Morris OAM 0438 595 056 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)

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## Enneagram Retreat

July 14<sup>th</sup> – 16<sup>th</sup> 2023. Facilitator – Julia Fullarton



This weekend retreat will introduce you to the Enneagram, a powerful way to understand your personality, moving from ways of being that constrict you, towards a healthier way of living. You will look at the core motivations of your life, the healthy messages that you have missed, and how these have informed your life till now. During this weekend, you will discover the gifts that you bring to the world and begin (or continue) a journey of honouring these gifts in your life and community. You are also likely to gain some insight into various ways that people in your life experience the world differently from the way you do and learn how to better empathise with both you and others.

Julia, a mother and grandmother, is a Gestalt therapist and spiritual director. She brings a wealth of training and experience to this weekend retreat. Julia first read a book on the Enneagram when her children were small. It gave her a template from which to understand and encourage each of her children in their uniqueness. Years later, having become a therapist herself, she rediscovered the Enneagram and was

trained in it by Helen Palmer and David Daniels, both pioneers in the Enneagram traditions. Since her training, Julia has continued to learn and to use the Enneagram to gain deeper understanding of herself and a more empathic understanding of those who populate her world. Julia's enthusiasm for the Enneagram has, if anything, increased over the decades, and she brings her enthusiasm and insight to this course.

Residential Single Accommodation including all meals and program - \$495pp

Residential Shared Accommodation including all meals and program - \$375pp

Non-Residential full weekend including all meals and program - \$160pp

Saturday only including all meals and Saturday program - \$95pp

**5pm Friday to after lunch Sunday. Please RSVP by June 30th.**

The Abbey. 1-25 First Parade, Raymond Island VIC 3880

For bookings and further information, phone 5156 6580 or [info@theabbey.org.au](mailto:info@theabbey.org.au)

*Hush.* A retreat day on the Island.

June 13<sup>th</sup>, 2023

**The Labyrinth Pathway: Walking to our Centre**



With its roots in antiquity, walking the labyrinth is an opportunity to step out of the bustle of life and step into the calm space of walking this ancient pathway. Using a portable labyrinth, Cath will explain the role of the labyrinth and offer the invitation for people to walk the path. Cath has extensive experience as a labyrinth facilitator and deepens the experience by playing her Celtic

harp as people walk.

**Facilitator: Dr Cath Connelly**, Abbey Director at The Abbey, Raymond Island and co-director of the Living Well Centre for Christian Spirituality. She is a spiritual director, retreat facilitator and pilgrimage leader. Cath travels the globe performing and leading pilgrimages and retreats. Her recently published book, *Handbook of Hope: Emerging Stories Beyond a Disintegrating World*, is a handy resource for discussion groups and individual reflection.

Where – The Abbey, 1-25 Raymond Island Time – 10.00am – 3.30pm

Donation - \$20 BYO lunch and journal. Morning and afternoon tea provided.



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# AVON PARISH FAMILY FUN FAIR

Anglican Church 26 McFarlane St.  
Stratford

**10AM SATURDAY, 27 MAY 2023**



Entry & all kid's activities free  
Family Pet Show, registrations at 10.15/ Trackless  
Train/ Jumping Castles/ Face Painting/ Animal Petting/  
Music/ Bubbles/ Clown & Lollies/ Fairy Floss/ Free  
Books & Lucky Dips/ Free Wooden Toys/ Native Plants/  
& lots more/ BBQ \$1/ All other eats free.

FOR MORE INFO: 0401 035 379 / 0417 100 047