



# St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.  
All churches of the parish stand on the lands of the Gunaikurnai people.*

**Dean: The Very Reverend Keren Terpstra** 0438 220 878

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**Website:**stpaulssale.org.au **Facebook:**www.facebook.com/StPaulsCathedralSale

**YouTube:** St Paul's Cathedral Sale

**Cathedral Parish Vision:** *"People of Christian faith –  
Encouraging connection between the Divine and the everyday."*

**21<sup>st</sup> May 2023**  
**Easter 7**

## Sentence of Scripture

'Go and make disciples of all nations,' Jesus commands; 'I am with you always, to the close of the age.' *Matthew 28.19–20*

## Prayer of the Day

O God,  
whose Son, Jesus, prayed for his disciples,  
and sent them into the world to proclaim the  
coming of your kingdom:  
by your Holy Spirit,  
hold the Church in unity,  
and keep it faithful to your word,  
so that, breaking bread together,  
we may be one with Christ in faith and love and  
service, now and for ever. **Amen**



## Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** **Wednesdays - 10.00am** in the Lady Chapel

*Sunday Evenings* 3<sup>rd</sup> Sunday of the month @ 5pm **Contemplative Service**

## Outcentre Services:

**St Anne's Golden Beach** 10.30am 1<sup>st</sup> Sunday 2.00pm 3<sup>rd</sup> Sunday of the month

**St Alban's Kilmany** 2.00pm 3<sup>rd</sup> Sunday of the month

**St Mark's Loch Sport** 10.30am 4<sup>th</sup> Sunday of the month

**Zoom Links:** Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

**Weekdays: silent Christian Meditation, 8.15am-8.45am**

Meeting ID: 809 497 711 Passcode: 600361

*Associate Priest/Hospital Chaplain: Rev'd Heather Toms* 0400 512 217

[mhtoms@westnet.com.au](mailto:mhtoms@westnet.com.au)

*Associate Priest: Rev'd Lyn Williams* 0476 285 697 [redlandsoasis@protonmail.com](mailto:redlandsoasis@protonmail.com)

*Honorary Deacon Rev'd Kate Campbell* 0402514829 [khcampbell55@gmail.com](mailto:khcampbell55@gmail.com)

*Honorary Canon, Rev'd Canon David Head* [davidrhead51@gmail.com](mailto:davidrhead51@gmail.com) 0412 273 678

*Honorary Associate Priest: Rev'd Dr Tim Gaden* 0488 110 415

[Tim.Gaden@gippslandgs.vic.edu.au](mailto:Tim.Gaden@gippslandgs.vic.edu.au)

### **Cathedral Prayer Chain Requests**

Please contact Trish Broadbear 0418 104 840

**The prayer chain is for anyone in need of prayer**

*Please pray for our supported student Moses Baiduduga at Newton College PNG.*

### **A Reading from The Acts of The Apostles**

So when they had come together, they asked him, 'Lord, is this the time when you will restore the kingdom to Israel?' He replied, 'It is not for you to know the times or periods that the Father has set by his own authority. But you will receive power when the Holy Spirit has come upon you; and you will be my witnesses in Jerusalem, in all Judea and Samaria, and to the ends of the earth.' When he had said this, as they were watching, he was lifted up, and a cloud took him out of their sight. While he was going and they were gazing up towards heaven, suddenly two men in white robes stood by them. They said, 'Men of Galilee, why do you stand looking up towards heaven? This Jesus, who has been taken up from you into heaven, will come in the same way as you saw him go into heaven.' Then they returned to Jerusalem from the mount called Olivet, which is near Jerusalem, a sabbath day's journey away. When they had entered the city, they went to the room upstairs where they were staying, Peter, and John, and James, and Andrew, Philip and Thomas, Bartholomew and Matthew, James son of Alphaeus, and Simon the Zealot, and Judas son of James. All these were constantly devoting themselves to prayer, together with certain women, including Mary the mother of Jesus, as well as his brothers. *Acts 1.6-14*

Hear the word of the Lord. **Thanks be to God.**

### **Psalm 68.1-10, 32-35**

God shall arise, and his enemies shall be scattered:

**those that hate him shall flee before his face.**

As smoke is dispersed, so shall they be dispersed:

**as wax melts before a fire,**

**so shall the wicked perish at the presence of God.**

But the righteous shall be glad and exult before God:

**they shall rejoice with gladness.**

O sing to God, sing praises to his name:

**glorify him that rode through the deserts,**

**him whose name is the Lord, and exult before him.**

He is the father of the fatherless,  
he upholds the cause of the widow:

**God in his holy dwelling place.**

He gives the desolate a home to dwell in,  
and brings the prisoners out into prosperity:

**but rebels must dwell in a barren land.**

O God, when you went out before your people:

**when you marched through the wilderness,**

The earth shook, the heavens poured down water:

**before the God of Sinai, before God, the God of Israel.**

You showered down a generous rain, O God:

**you prepared the land of your possession**

**when it was weary.**

And there your people settled:

**in the place that your goodness, O God,**

**had made ready for the poor.**

Sing to God, you kingdoms of the earth:

**O sing praises to the Lord,**

To him that rides upon the highest heavens,

that were from the beginning:

**who utters his voice, which is a mighty voice.**

Ascribe power to God, whose majesty is over Israel:

**and his might is in the clouds.**

Terrible is God who comes from his holy place:

**the God of Israel who gives power**

**and strength to his people. Blessed be God.**

### **A Reading from The First Letter of Peter**

Now as an elder myself and a witness of the sufferings of Christ, as well as one who shares in the glory to be revealed, I exhort the elders among you

to tend the flock of God that is in your charge, exercising the oversight, not under compulsion but willingly, as God would have you do it—not for sordid gain but eagerly.

Do not lord it over those in your charge, but be examples to the flock.

And when the chief shepherd appears, you will win the crown of glory that never fades away.

In the same way, you who are younger must accept the authority of the elders. And all of you must clothe yourselves with humility in your dealings with one another, for

‘God opposes the proud,

but gives grace to the humble.’

Humble yourselves therefore under the mighty hand of God, so that he may exalt

you in due time.

Cast all your anxiety on him, because he cares for you.

Discipline yourselves; keep alert. Like a roaring lion your adversary the devil prowls around, looking for someone to devour.

Resist him, steadfast in your faith, for you know that your brothers and sisters throughout the world are undergoing the same kinds of suffering.

And after you have suffered for a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, support, strengthen, and establish you.

To him be the power for ever and ever. Amen.

Through Silvanus, whom I consider a faithful brother, I have written this short letter to encourage you, and to testify that this is the true grace of God. Stand fast in it. Your sister church in Babylon, chosen together with you, sends you greetings; and so does my son Mark.

Greet one another with a kiss of love. Peace to all of you who are in Christ. *1 Peter 5*  
Hear the word of the Lord. **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to John

**Glory to you Lord Jesus Christ.**

After Jesus had spoken these words, he looked up to heaven and said, ‘Father, the hour has come; glorify your Son so that the Son may glorify you, since you have given him authority over all people, to give eternal life to all whom you have given him. And this is eternal life, that they may know you, the only true God, and Jesus Christ whom you have sent. I glorified you on earth by finishing the work that you gave me to do. So now, Father, glorify me in your own presence with the glory that I had in your presence before the world existed. ‘I have made your name known to those whom you gave me from the world. They were yours, and you gave them to me, and they have kept your word. Now they know that everything you have given me is from you; for the words that you gave to me I have given to them, and they have received them and know in truth that I came from you; and they have believed that you sent me. I am asking on their behalf; I am not asking on behalf of the world, but on behalf of those whom you gave me, because they are yours. All mine are yours, and yours are mine; and I have been glorified in them. And now I am no longer in the world, but they are in the world, and I am coming to you. Holy Father, protect them in your name that you have given me, so that they may be one, as we are one. *John 17.1-11*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

***Reflection: (by members of St Paul’s during May – July)***

In today’s readings wait with the disciples – called by name – in the upper room, wondering how to make sense of Jesus’ last words about receiving the Spirit and being sent as his witnesses to the far-flung corners of the world. We wait, and hear the wonderful exhortation of Peter to “cast all your anxiety on him, because he cares

for you". And we reflect on Jesus the Master modelling for us what intimate prayer to his Father looks like, prayer in which we too are caught up as he prays for us. Let us remember, in these perplexing days, that the One who loves us has gone ahead of us to intercede for us, and that as our lips and hearts cry out, he cries out with us.

- In your prayer today, place your anxieties and the things that bother you in God's gentle hands. Pray, confident that Jesus prays in you.
- Give thanks for the work and witness of the Hong Kong Sheng Kung Hui, the Anglican Church of Hong Kong.

Text: Dean Keren

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**Pentecost:** next Sunday, 28<sup>th</sup> May, is Pentecost, when we celebrate the coming of the Holy Spirit on the first group of Jesus' disciples, and pray for the Spirit to come to us as well. Please wear something red, orange, yellow, white or gold - the colour of flames! And also bring something to the service which represents the gifts you live out in your daily life!

**Music at St Paul's:** On Saturday 3<sup>rd</sup> June, Chapter, Greater Chapter, and the Trustees of the Music Foundation are getting together to dream dreams and to see visions of what's possible for the future of music at the Cathedral. If this is something that interests you, or you have gifts you think would be well used in this space, please contact Keren to RSVP!

Rev Heather is taking the Contemplative service at 5pm today.

Our love and prayers are with Trish and the Broadbear family as they mourn Bill's death. His memorial service is on the 30<sup>th</sup> at 11am at Gippsland Funeral Services.

Clergy and reps Jan and Michael Down and Nick Nagy are at **Synod** this weekend.

**Sunday 4<sup>th</sup> June we are having a Soup Lunch** at 11.30am Donations welcome. Please write your name on the sheet or phone 5144 2020.

### **Meetings:**

Monday 22<sup>nd</sup> May 1:30pm - Mission Helpers

Monday 5<sup>th</sup> June at 4:30pm Property Meeting

**Lions BBQ: Saturday am 27<sup>th</sup> May.** We are helping, so come buy a snag!

### **Events at St Paul's:**

Rose pruning demonstration day on 10<sup>th</sup> June – 10.30 and 2pm

Yallourn Madrigal Singers Concert 2pm Sunday 18<sup>th</sup> June. See advert

An Art Show from 19<sup>th</sup> August to 1<sup>st</sup> September.

Plant Sale on 14<sup>th</sup> October.

Quiet Days will be held on 21<sup>st</sup> June; October 21<sup>st</sup>; December 2<sup>nd</sup>

If you would like to be involved in organising the **Plant Sale** in October or help pot plants etc please see Jan K or Nancy S. Potting mix and pots will be needed. More information soon.

**Mavis House** Some of you may know and remember Mavis Jennings, a colourful local character and artist who lived on Cunninghame St. Mavis has generously left her house to the Cathedral parish, including her art collection. We are very grateful for this generous gift, which will provide some endowment for the parish in the future. We are planning to display some of Mavis' work either as part of the Art Show later in the year, or in its own right as a way of honouring her legacy. Most probably there will be some community partnerships in running art workshops in the house - part of the conditions of gift. Please contact Nancy if you can help sort!

### **Highlights from an enthusiastic and productive Chapter meeting.**

- Mavis Jennings has left her house and a generous sum to help with maintenance of the house to the parish.
- The Cathedral Parish has given \$1000 towards supporting **Moses Baiduduga from the Diocese of Popondetta who is a student at Newton Theological College.**
- The Audio Visual equipment will be updated, including a new projector and good wifi internet in the hall and community room. This will be paid for using bequest money.
- The ridge capping on the cathedral roof above the sanctuary has finally been fixed. This was an insurance paid job.
- Child safety and Family Violence policies were discussed and these can be viewed on the Gippsland diocese website.
- Ideas were discussed around ways we can support and promote climate change.
- Several Sub committees have been formed.

*More info coming soon.*

**Newton College** is in the Northern Province of PNG, located between Kokoda and the coast. It is the only place where the Anglican Church of PNG provides primary formation for its ordinands. Each student is allocated a garden and most of the food they eat is from these gardens.

College fees are 2000 kina each year (around 450 AUD depending on currency fluctuations). **Our \$1000 a year support** meets half of the student fees and provides a small allowance of 150 kina a month (\$60) for married students and their families, 100 kinas a month (45AUD) for single students. This enables them to buy

small items like soap and rice and to pay school fees. The students do it tough and every bit of support makes an enormous difference.

If you would like to help support other students, put in a marked envelope or by online banking to:, Newton College BSB 705 077 A/c 00041107.

### **Hymnlovers**

A new hymn list will shortly be drawn up, and we're inviting members of the cathedral community to contribute their favourite hymns to the mix! Please fill out the slips of paper in the pew sheet or in the foyer, and return to Keren directly, or through the offertory bag. Alternatively, email her with the following information:

**Your name: Your favourite hymn: Why this is your favourite hymn:**

As hymns are scheduled, whose favourite hymn it is, and why, will be published each week in the pew sheet!

### **Safe ministry training**

A number of parishioners need to update their safe ministry training as it has expired or is about to.

This can be done online at <https://adg.smo.org.au/training>. Or at the face to face workshops which are taking place in various locations: **booking through trybooking only. ENQUIRIES ONLY TO REGISTRY.**

**Yarram** Holy Trinity Church (Full and refresher ) Monday 15th May. 1pm-4pm  
Book at <https://www.trybooking.com/CGDLL> Booking closes Frid 12 May No fee  
**Drouin**. Christ Church Anglican Church Date: Friday 7th July. 2pm - 5pm  
Book at <https://www.trybooking.com/CGDLM> Booking closes Wed 5th July

**SALE. ST.PAUL'S CATHEDRAL.( Refresher)**

**FRID 11TH AUGUST 5PM - 8PM**

**BOOK AT <https://www.trybooking.com/CGDLQ>** Booking closes Wed 9 August

**Corinella** St. George's Anglican Church (Refresher) Fri 8th September. 2pm-5pm  
Book at <https://www.trybooking.com/CGDLT> Booking closes Wed 6th September

**Traralgon** St. James's Anglican Church Friday 10th November 5pm-8pm  
Book at <https://www.trybooking.com/CGDLX> Booking closes Wed 8th November

Please talk to me on 0427 445866 or [tarkaan@bigpond.com](mailto:tarkaan@bigpond.com) *Ann Miller*

### **Mission for May The Leprosy Mission in Australia**

The Leprosy Mission Australia partners with Australians to ensure that people affected by leprosy across the world get the cure, care, and restoration they need to live life in all its fullness.

- \* Every 2 minutes, another person is diagnosed with leprosy
  - \* 200,000 people across the world are diagnosed every year
  - \* Medication is provided free through the World Health Organisation, but the Leprosy Mission helps with getting it to the people who need it, and provides support
  - \* For many, the damage is already done and they need protective shoes to prevent further, permanent disability. This can be the difference between self-sufficiency and deeper poverty.
  - \* A Gift Catalogue is available on the Leprosy Mission website:  
<https://shop.leprosymission.org.au/>
- More information on the Mission Helpers Board in the foyer.

## Ministry with Children and Families

Loving God,

We come to you seeking your guidance and wisdom as we embark in the children's ministry. Please grant us clarity of purpose and direction and help us to discern the right path to take. Bless our efforts and may our work be a source of joy and inspiration to the families we seek to serve. Amen

**We are collecting already for the next bookfair.**

**Coming soon at the Abbey**



**Enneagram Retreat** July 14th – 16th 2023. Facilitator – Julia Fullarton

***Hush. A retreat day on the Island.*** June 13th, 2023

The Labyrinth Pathway: Walking to our Centre

## Anglican Hospital Chaplaincy – Central Gippsland Hospital Sale

If you would like to have the Hospital Chaplain visit you, a family member or a friend please contact the Revd Heather Toms, Hospital Chaplain on 0400 512 217'.

**The (10am) service each week is live streamed.** (Search *St Paul's Cathedral Sale when in* YouTube)

<https://www.youtube.com/channel/UCrLG94vHT28kEG4Ghd80PhQ/videos?view=57>

**Internet Bank Transfer: Cathedral's ministry and mission and SOLAR**

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

**Internet Bank Transfer: St Paul's Building Fund ('Fill the gap')**

BSB 705 077 Acc no: 000 409 69 NO reference needed

**Sunday Bulletin / Web/Facebook contact:**

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