



St Paul's Cathedral, Sale

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

*We acknowledge the Gunaikurnai people as the original custodians of this region.
All churches of the parish stand on the lands of the Gunaikurnai people.*

Dean: The Very Reverend Keren Terpstra 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 **email:** stpaulssale@wideband.net.au

Website: stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

Cathedral Parish Vision: "People of Christian faith – **8th October 2023**
Encouraging connection between the Divine and the everyday." **St Francis and Clare**

Sentence of Scripture

Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they?

Matthew 6: 25

Prayer of the Day

O God,

whose blessed Son became poor

so that we through his poverty might become rich:
deliver us from an inordinate love of this world,
so that, inspired by the devotion of your servants

Francis and Clare,

we may serve you with singleness of heart,
and attain to the riches of the age to come;

through Jesus Christ our Lord,

who lives and reigns with you, in the unity of the
Holy Spirit, one God, now and for ever. **Amen**



Holy Communion Services at St Paul's:

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3rd Sunday of the month @ 5pm Contemplative Service

Outcentre Services:

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

St Alban's Kilmany 2.00pm 3rd Sunday of the month

St Mark's Loch Sport *Services during certain holidays*

Zoom Links: Evening Prayer: **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

Meditation:

Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Associate Priest: Rev'd Lyn Williams 0476 285 697 redlandsoasis@protonmail.com

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Honorary Canon, Rev'd Canon David Head davidrhead51@gmail.com 0412 273 678

Honorary Associate Priest: Rev'd Dr Tim Gaden 0488 110 415

Tim.Gaden@gippslandgs.vic.edu.au

Cathedral Prayer Chain Requests

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.

We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

Please pray for our supported student Moses Baiduduga at Newton College PNG.

Mission Prayer for Anglicare

Almighty God and heavenly Father,

your Son Jesus Christ shared at Nazareth the life of an earthly home.

We thank you for the work of Anglicare throughout Gippsland supporting families.

We pray for their work helping parents learn parenting skills;

supporting foster parents; helping men dealing with violent and anti-social

behaviours; supporting children and teenagers; and providing financial counselling to families.

We pray particularly for the work of the Rev'd Rich Lanham and give him all the strength, comfort and wisdom he needs.

May your reconciliation, love and blessing be poured out through all of the work Anglicare undertakes. Through Jesus Christ our Lord, **Amen.**

A reading from the Book of Daniel

Everything growing from the earth, bless the Lord,

You springs, bless the Lord,

Seas and rivers, bless the Lord,

You dolphins and all water creatures, bless the Lord,

All you birds of the air, bless the Lord,

All you beasts, wild and tame, bless the Lord,

praise and exalt God above all forever. *Daniel 3:74-81*

Psalm 148:7-14

O Praise the LORD from the earth:

Praise him, you sea monsters and all deeps;
fire and hail, snow and frost,
stormy wind fulfilling his command!

Mountains and all hills,
fruit trees and all cedars!
Wild animals and all cattle,
creeping things and flying birds!

Kings of the earth and all peoples,
princes and all rulers of the earth!
Young men and women alike,
old and young together!

Let them praise the name of the LORD,
for his name alone is exalted;
his glory is above earth and heaven.
He has raised up a horn for his people,
praise for all his faithful,
for the people of Israel who are close to him.
Praise the LORD!

The Gospel of our Lord Jesus Christ according to Matthew

Glory to you Lord Jesus Christ

‘Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, “What will we eat?” or “What will we drink?” or “What will we wear?” For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

‘So do not worry about tomorrow, for tomorrow will bring worries of its own. Today’s trouble is enough for today. *Matthew 6: 25-34*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ.**

Reflection:

To contract leprosy in medieval Assisi was more than a diagnosis; it marked the end of a person's way of life. Lepers were required to wear special clothing, live apart from the community and ring bells to warn others of their location. To be a leper was to be a walking infection, an outcast, a nonperson in the eyes of society.

Before his conversion, Francis despised lepers; their illness and poverty frightened and repelled him. Shortly after his conversion, Francis heard a leper's bell while traveling. In the past, he would have turned away. Moved by love and mercy through his own fear, Francis hurried toward the leprous man, gave alms, embraced and kissed him. Francis transcended the label, 'leper,' to see the face of God in the man standing before him.

Who are the modern day lepers?

What labels do I place on people that keep me from seeing them as created and loved by God?

<https://www.chausa.org/prayers/cha-prayer-library/prayer/a-reflection-for-the-feast-of-saint-francis>

Ladies, “From Pieces to Peace”

CWCI invites you to hear Jenny Jeffree discuss this patchwork topic.

Venue Sale Baptist Hall. **Date** October 14th **Time** 1.45pm See Trish or Ro

Meetings at St Paul's:

Pastoral care meeting 3pm, Property 4.30pm

Chapter Meeting 12th October

Music Foundation Visioning Follow up day 28th October

Quiet Days: October 21st at St Paul's At the Abbey Nov 25th

Serving refresher Sunday 22nd October at 11.30am. A refresher on what we do as servers/crucifers and LA's, and for people to raise any questions they may have. Please speak to Dean Keren or Lyn Williams for further details.

Harvest Festival: Sunday 29th October. An occasion to celebrate the fruits of our veggie gardens, fruit trees and more. Please bring any contributions of home-grown produce on the day. For more information please speak with Jan Down, Kathy Jackiw or Lyn Williams.

Lunch gets local flavour!

A Locavore Lunch will be held the week after Harvest Festival on 5th November . 5th November will be our usual monthly St Paul's First Sunday Lunch – with a difference. We will be including some locally produced food. So if you are growing some vegetables or fruit this spring, please consider bringing some of your produce to the harvest festival. Some of that produce will be used in cooking lunch for the

5th November and the remainder will be donated to a local worthy cause (to be decided).

Or perhaps you have made something (e.g. tomato relish from last summer's tomatoes) with your own produce that could be included in the meal? More details will be provided closer to the date, or if you want further information now, talk to Rev Lyn, Jan Down, Kathy Jackiw or Cynthia Grove.

Why are we doing this? To have some fun! And to learn about where our food is grown, how far it travels, and what it means for the earth... stay tuned, more to come!

Back to Church Sunday 12th November

AGM 19th November. As we are nearly at the end of the Church financial year, reports are now due, please email to Christine.

Evensong 26th November plus supper

Ethos is offering a one-off free digital issue of Zadok **Perspectives on the Voice**. See cover image below for a list of authors.

<http://www.ethos.org.au/publications/Subscriptions/Zadok-Perspectives>.

Ethos has come out in favour of the Voice, and most articles are pro, but there are a couple against, and some pro, but with qualifications.

The Cathedral solar installation has been fully paid between donations and the grant; praise God for generous givers! Thank you to all who contributed.

So far the solar has produced 10.61MWh, saved 5.62 CO₂ Tons, the same as flying a jet 140km, 144 trees or a car driving 22570 KM



Plant Sale 14th October.

We have sufficient empty plastic pots, thanks!

Only 6 days to go.. get your potted plants , seedlings ,hanging baskets, ornaments etc ready. Let's make this a great success like last year.

Plants can be left now on the decking on Sundays and between 2-4pm Wednesday to Saturday. For further details or help transporting contact Nancy 0417554435

We need volunteers in the day leave your name and time details on the sheet in foyer please.(must have safe ministry compliance)



Calling all bakers and makers, preservers and kitchen whizzes! We are, once again having a **cake and preserve stall** alongside the **plant sale on October 14th.**

Let's see if we can make this one even better than last year...

If you like making cakes, biscuits, slices, jams, jellies or chutney (or anything else edible that people might like to buy) please start doing that now. Most baked goods can be frozen, and room could be found in the freezer in the food cupboard!

All items for sale **must** be labelled as to ingredients, and **PLEASE** do this **before** bringing your contributions in.

Labels, paper plates, wrapping and ties are available.

Also need people to serve on the day. Please put your name and what you can do on the sheet in the foyer please.

Thank you in advance for your support! *Ann Miller*

Our Mission of the Month for October is Anglicare.

Anglicare is one of Victoria's most experienced child and family welfare agencies. It helps families make positive change: whether it be a helping hand in a time of crisis, or providing longer-term support and care. Anglicare operates from more than 45 sites across Victoria, as well as delivering assistance online, at home and in the community. In Gippsland, the Rev'd Rich Lanham is the Anglicare worker and is based in Sale.

Wanderers: Cuppa and chat 13th Oct 10am at Raymond Cafe(next to Bendigo bank) Wanderers lunch Fri 20th Oct 12-30 at Raymond cafe.

If you need picking up let me know. Everyone welcome, RSVP me. Jan Lear.
0421605461

Life FM radio readings and book club

Pick a topic and join the discussion when you like! The chapters are independent.

Next topic: Chapter 5 – Giving: living with an open hand

Hear the chapter on **Life FM, 103.9** at 7.30 pm, Wednesday 4th October

Join the discussion via Zoom, 6pm to 7pm on Thursday 5th October:

See: <https://www.gippslandanglicans.org.au/calendar/accessible-book-club>

The book: *Coming Home – Discipleship, Ecology and Everyday Economics*, by Jonathan Cornford 'takes seriously the ways in which the shape of our household economy – our work, leisure, consumption, investment and use of time – impact our relations with others, with the earth, and with God.'

Coming chapter topics and discussion dates: (radio readings the day before)

6pm Thursdays:

12 October: Savings and Investment 19 October: Debt

26 October: How do these things affect our relations with others, the Earth and God?

Envelopes are available for donations towards covering the cost of TGA – The Gippsland Anglican. Please take a copy, even if you can't donate, there's fantastic articles to read!

Safe Ministry training.

FREE Online Safe Church Workshop Instructions at

<https://www.gippslandanglicans.org.au/resources/safe-ministry>

Scroll down to “General” then to “Safe Church Workshop Instructions”.

Ann Miller tarkaan@bigpond.com. 0427445866 SMO St. Paul’s Cathedral Sale

At the Abbey



Nothing in October, No ferry!

The (10am) service each week is live streamed. (Search *St Paul’s Cathedral Sale when in* YouTube) <https://www.youtube.com/@stpaulscathedralsale/streams>

Internet Bank Transfer: Cathedral’s ministry and mission

BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

Internet Bank Transfer: St Paul’s Building Fund (‘Fill the gap’)

BSB 705 077 Acc no: 000 409 69 NO reference needed

Sunday Bulletin / Web/Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

Copyright 1995 the Anglican Church of Australia Trust Corporation. From the text of A Prayer Book for Australia, published under the imprint of Broughton Books. Reproduced with permission. . The New Revised Standard Version, Nashville, TN Thomas Nelson Publishers 1989. Unauthorised copying is prohibited Together in Song Used with permission

SPIRITUALITY OF THE SEASONS

Spring Quiet Day

You are invited to come and explore
the spirituality of **SPRING**
with Jenny Batten and Cath Connelly

Saturday 21 October 2023 @ St Paul’s Cathedral
10am – 3.30pm

Morning Tea, tea and coffee provided, BYO lunch \$20

RSVP katec@gippsanglican.org.au 0402 514 829

Last Quiet Days for 2023.....

Summer: Saturday 25 November @ The Abbey

Prayers:

Let us give thanks for all God's gifts so freely bestowed upon us: for the beauty and wonder of creation, in earth and sky and sea;

We thank you, Lord.

For the richness of the mountains, plains and rivers;

We thank you, Lord.

For all that is gracious in the lives of men and women;

We thank you, Lord.

For all creatures that breathe, and move, and have life;

We thank you, Lord.

For the songs of birds and the loveliness of flowers and trees;

We thank you, Lord.

For the trust you have shown in giving into our care these, our pets;

We thank you, Lord.

That we may love and honour all your works, O God;

We thank you, Lord.

That we may continue to grow in our grateful enjoyment of your abundant creation;

To the honour and glory of your name, now and forever,

we pray to you, Lord. Amen



Lord, help me to live this day quietly, peacefully.

To lean upon Thy great strength trustfully, restfully.

To wait for the unfolding of Thy will patiently, serenely.

To meet others peacefully, joyously.

To face tomorrow confidently, courageously. Amen.

St. Francis of Assisi