

# St Paul's Cathedral, Sale / Wayput

St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport

We acknowledge the Gunaikurnai people as the original custodians of this region. All churches of the parish stand on the lands of the Gunaikurnai people.

**Dean: The Very Reverend Keren Terpstra** 0438 220 878

KerenT@gippslandanglicans.org.au

Cathedral Office: 149 Cunninghame Street P.O. Box 691 Sale Vic 3850

Phone: 5144 2020 email: stpaulssale@wideband.net.au

Website:stpaulssale.org.au Facebook:www.facebook.com/StPaulsCathedralSale

YouTube: St Paul's Cathedral Sale

**Cathedral Parish Vision**: *People of Christian faith* – *Encouraging connection between the Divine and the everyday.* 

16<sup>th h</sup> March Lent 2

#### **Sentence of Scripture**

Our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. *Philippians 3.20* 

## Prayer of the day

God of our ancestors,
whose chosen servant Abraham
was given faith to obey your call
and go out into the unknown:
endow your Church with such faith
that we may follow you with courage;
for the sake of Jesus Christ our Lord,
who lives and reigns with you and the Holy
Spirit,one God, for ever and ever.

#### Amen

## Hope 25

God of hope,
you fill those who trust in you
with peace and joy:
give us the gift of your Spirit
so that we may overflow
with the hope we have in Jesus,
shine with his presence,
and share the good news with
others. Amen

## **Holy Communion Services at St Paul's:**

Sundays - 8.00am and 10.00am Wednesdays - 10.00am in the Lady Chapel

Sunday Evenings 3<sup>rd</sup> Sunday of the month @ 5pm Contemplative Service

Morning Prayer 9am on Fridays

#### **Outcentre Services:**

St Anne's Golden Beach 10.30am 1st Sunday & 3rd Sunday of the month

**St Alban's Kilmany** 2.00pm 3<sup>rd</sup> Sunday of the month (Not in December or January)

St Mark's Loch Sport Services only at Easter and Christmas

Zoom Links: Evening Prayer: Daily at 5.30pm - 6.00pm

Meeting ID: 879 3927 8803 Passcode: Prayer

**Meditation:** Weekdays: silent Christian Meditation, 8.15am-8.45am

Meeting ID: 809 497 711 Passcode: 600361

# Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217

mhtoms@westnet.com.au

Honorary Deacon Rev'd Kate Campbell 0402514829 khcampbell55@gmail.com

Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people. We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: <a href="mailto:julie@kooyoora.org.au">julie@kooyoora.org.au</a> You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

# **Cathedral Prayer Chain Requests**

Please contact Trish Broadbear 0418 104 840

The prayer chain is for anyone in need of prayer

Please pray for our supported student Moses Baiduduga at Newton College PNG.

## A Reading from the Book of Genesis

After these things the word of the Lord came to Abram in a vision, 'Do not be afraid, Abram, I am your shield; your reward shall be very great.' But Abram said, 'O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?' And Abram said, 'You have given me no offspring, and so a slave born in my house is to be my heir.' But the word of the Lord came to him, 'This man shall not be your heir; no one but your very own issue shall be your heir.' He brought him outside and said, 'Look towards heaven and count the stars, if you are able to count them.' Then he said to him, 'So shall your descendants be.' And he believed the Lord; and the Lord reckoned it to him as righteousness. Then he said to him, 'I am the Lord who brought you from Ur of the Chaldeans, to give you this land to possess.' But he said, 'O Lord God, how am I to know that I shall possess it?' He said to him, 'Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtle-dove, and a young pigeon.' He brought him all these and cut them in two, laying each half over against the other; but he did not cut the birds in two. And when birds of prey came down on the carcasses, Abram drove them away. As the sun was going down, a deep sleep fell upon Abram, and a deep and terrifying darkness descended upon him. When the sun had gone down and it was dark, a smoking fire-pot and a flaming torch passed between these pieces. On that day the Lord made a covenant with Abram, saying, 'To your descendants I give this land, from the river of Egypt to the great river, the river Euphrates. Genesis 15.1-12, 17-18

Hear the word of the Lord. Thanks be to God.

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The Lord is my light and my salvation;

whom then shall I fear?:

the Lord is the stronghold of my life;

of whom shall I be afraid?

When the wicked, even my enemies and my foes,

come upon me to devour me:

they shall stumble and fall.

If an army encamp against me,

my heart shall not be afraid:

and if war should rise against me, yet will I trust.

One thing I have asked from the Lord, which I will require:

that I may dwell in the house of the Lord

all the days of my life,

To see the fair beauty of the Lord:

and to seek his will in his temple.

For he will hide me under his shelter in the day of trouble:

and conceal me in the shadow of his tent,

and set me high upon a rock.

And now he will lift up my head:

above my enemies round about me.

And I will offer sacrifices in his sanctuary with exultation:

I will sing, I will sing praises to the Lord.

O Lord, hear my voice when I cry:

have mercy upon me and answer me.

My heart has said of you, 'Seek his face':

your face, Lord, I will seek.

Do not hide your face from me:

or thrust your servant aside in displeasure;

For you have been my helper:

do not cast me away or forsake me, O God of my salvation.

Though my father and my mother forsake me:

the Lord will take me up.

Teach me your way, O Lord:

and lead me in an even path, for they lie in wait for me.

Do not give me over to the will of my enemies:

for false witnesses have risen against me,

and those who breathe out violence.

But I believe that I shall surely see the goodness of the Lord:

in the land of the living.

O wait for the Lord;

stand firm and he will strengthen your heart:

and wait, I say, for the Lord.

### A Reading from The Letter to the Philippians

Brothers and sisters, join in imitating me, and observe those who live according to the example you have in us. For many live as enemies of the cross of Christ; I have often told you of them, and now I tell you even with tears. Their end is destruction; their god is the belly; and their glory is in their shame; their minds are set on earthly things. But our citizenship is in heaven, and it is from there that we are expecting a Saviour, the Lord Jesus Christ. He will transform the body of our humiliation so that it may be conformed to the body of his glory, by the power that also enables him to make all things subject to himself. Therefore, my brothers and sisters, whom I love and long for, my joy and crown, stand firm in the Lord in this way, my beloved.

Philippians 3.17 - 4.1

Hear the word of the Lord. Thanks be to God.

The Gospel of our Lord Jesus Christ according to Luke Glory to you Lord Jesus Christ.

At that very hour some Pharisees came and said to him, 'Get away from here, for Herod wants to kill you.' He said to them, 'Go and tell that fox for me, "Listen, I am casting out demons and performing cures today and tomorrow, and on the third day I finish my work. Yet today, tomorrow, and the next day I must be on my way, because it is impossible for a prophet to be killed away from Jerusalem."

Jerusalem, Jerusalem, the city that kills the prophets and stones those who are sent to it! How often have I desired to gather your children together as a hen gathers her brood under her wings, and you were not willing! See, your house is left to you. And I tell you, you will not see me until the time comes when you say, "Blessed is the one who comes in the name of the Lord."

Luke 13.31-35

For the Gospel of the Lord. Praise to you Lord Jesus Christ

#### Reflection

In Luke's account, Jesus foretells his own death when warned about Herod by some Pharisees. He also tells them that despite being the 'holy city' Jerusalem is the city that kills the prophets and stones those who are sent to it! Their city is a void. He prophesises that they will say, 'Blessed is he who comes in the name of the Lord' when he returns to Jerusalem.

- May we recognise who Jesus is and welcome him into our hearts with cries of acclamation.
- Give thanks for the work and witness of the Episcopal Church of South Sudan.

Text: Robert McLean © Anglican Board of Mission, 2025



#### Dean's Desk

I'm currently on leave, but wanted to invite everyone to the Heather Downie harp concert on Friday night! If you enjoyed Esther Swift last November, Heather Downie is not to be missed... Every harp artist brings their own style and repertoire; Heather is a Scottish folk harpist, so the programme will likely include traditional Scottish folk music and arrangements of a range of music.

Heather has a youtube channel (26) Heather Downie Harpist - How To Harp - YouTube with lots of educational videos designed for beginner harpists. Well worth checking out! She says of herself:

I'm the founder of How To Harp and Principal Scottish Harp Tutor at The Royal Conservatoire of Scotland. I've recorded albums and performed all over the world but I discovered early in my career that teaching is my main passion. I LOVE it!! I do hope you'll come along to hear Heather! See you in a few days.

#### Keren

\* Unfortunately because it is cheaper to buy tickets at the door, rather than book in, we have no idea if anyone is coming to the harp concert. Please phone 51442020 or email <a href="mailto:stpaulssale@wideband.net.au">stpaulssale@wideband.net.au</a> or write on the list at church by Wednesday, so we have some idea if there is an audience.. please!

**Lunch at Lakeside (Bowling Club)** 12 noon, on **23rd March.** Please sign on the form at church, we would love to see you there!

All who volunteer in the parish need to attend a safe Church workshop every 3 years.

Please attend on Saturday 5 April 2025 in Delbridge Hall Saturday 5 April 9.30am to 12.00pm if you have not attended one in person, or on line in 2023 or 2024. Online registration is essential: https://www.trybooking.com/CZTUB (ask someone to book you in if you can't)

Registrations close Wednesday 1 April 2025 at 5pm

Wanderers: Lunch: RSL noon Friday 21st.

Welcome to those attending the Sale Lacemakers weekend being held in our hall this weekend. They love showing and talking about their work, so please take the time to have a look. Morning tea will be in the community room today.

Mission of the Month: ABM Lent / Good Friday envelopes out, as well as new regular offering envelopes.

## **Gaining Confidence**

The Anglican Churches in Vanuatu and Papua New Guinea are meeting the challenge of women's empowerment by providing programs in Language, Literacy

and Numeracy. Papua New Guinea ranks 160 out of 161 countries on the United Nations Development Program's Gender Equality Index. The literacy program provides a path to equality and economic empowerment for the women who participate.

Silvia, an adult literacy student in Papua New Guinea said, "I finished school in Grade 6 in 1992. I now have six children and work as a Sunday School teacher in my parish. I began literacy classes about a year ago. Unfortunately, I've had to miss some lessons because of my commitments with my children. But my goal is to improve my future. I hope to become "somebody" in the future, like a teacher or someone who works in the tourism industry or hospitality sector. Slowly I'm learning to read and write. And I've gained a lot of confidence and am very grateful for that."

In Vanuatu, although progress has been made towards gender equality in recent years, there is still much to be done, particularly in remote rural areas where opportunities are still very limited.

The Anglican Church of Melanesia's Literacy program coordinator in Vanuatu, Gracetella Smith, said, "This program has helped a lot of people in the communities where education is limited. Many learners who do not have access to schooling know how to read and write through this program. Some of the outcomes are exceptional. Some of the learners become leaders and other positions in their communities."

One of the students, Deborah, said, "I didn't know how to read or write because I didn't have a chance to go to school. Now I'm a Language, Literacy, and Numeracy student. In class I have tried my best to know how to read and write. Through the program I know my alphabet, how to build words, and I can write my name."

SUNDA

4 MAY 2025

Hope & Light

# Domestic Violence Sunday: Hope & Light. May 4th, 2025 -

This is a day dedicated to building awareness of domestic and family violence, exploring solutions, and contributing to a national giving initiative to resource the church's work. This is a new national Anglican initiative.

Internet Bank Transfer: Cathedral's ministry and mission BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

#### Sunday Bulletin / Web/ Facebook contact:

Christine Morris OAM 0438 595 056 cmorris@wideband.net.au

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# **Gippsland Camino 2025**

Over centuries people have used walking as a way of integrating their mind, heart, body and soul.

This is your invitation to walk with us on a Gippsland Camino from the 1-4 May 2025 along the Gippsland Plains Rail Trail. During this time, the churches along the Gippsland Rail Trail from Traralgon to Stratford will support you spiritually and physically

Please register for this event: https://events.humanitix.com/gippsland-camino Enquiries: Janet Wallis Ph 0417 030 768 or email: janetwal@bigpond.net.au

An activity supported by the Uniting, Anglican and Catholic churches along the route

Auspiced by the Anglican Diocese of Gippsland

. They are invited to come as Pilgrims, or as helpers along the way. We need a number of people to be present at major road crossings, to encourage Pilgrims, but also to be an extra set of eyes at road crossings, thus increasing safety for all involved.

#### **Event description**

Please contact the host by email to receive a copy of the Camino Guide Book for more details or click here: Gippsland Camino Guide Book

- We acknowledge that we will be walking on the traditional lands of the GunaiKurnai people.
- PLEASE NOTE: This event offers spiritual guidance and walking support only. You are responsible for your own accommodation, transport and food.
- The route will cover 63 Kms over 3 walking days. We will be walking along the Gippsland Plains Rail Trail <a href="https://gippslandplainsrailtrail.com.au/">https://gippslandplainsrailtrail.com.au/</a>
- You are welcome to walk the whole route or parts of the route—each section of the trail will be supported as per a schedule provided.
- The event starts with a blessing of the pilgrims at Traralgon Uniting Church on the evening of 1st May at 4pm and concludes with a celebratory service at St Paul's Anglican Cathedral, Sale on the afternoon of 4th May.
  - Spiritual resources and prayers for your use are included.
    - Registrations close on 4th April 2025.
- Fees for the supported walk are either \$30 per walking day or part thereof, or \$80 for the three days.
  - This is a Hope 25 Project and an activity of the Anglican Diocese of



# Heather Downie

Renowned Scottish harpist and educator, celebrated for her dynamic performances and innovative approach to traditional music, inspiring and shaping the next generation of harpists.



Wed 19th March | St John's Camberwell CONCERT 7:30-9:30pm

Fri 21st March | St Paul's Cathedral Sale CONCERT 7:30-9:30pm Sat 22<sup>nd</sup> March | Private House Bairnsdale \*WORKSHOP 2-5pm

Sun 23<sup>rd</sup> March I The Abbey Raymond Island CONCERT 2-4pm



\*Please Note: Limited Tickets For Workshop So BOOK EARLY!

TICKETS ON SALE FOR ALL EVENTS AT HUMANITIX.COM

~ Debut Solo Studio Album Nae Sweets for Shy Bairns Out Now! ~

MORE INFO HEATHERDOWNIE.CO.UK



TICKETS

Tickets \$30, and can be paid for at the door. 21st March 7.30pm

(However let us know if you are coming by Wednesday if possible)