



# St Paul's Cathedral, Sale / Wayput

**St Alban's Kilmany, St Anne's Golden Beach & St Mark's Loch Sport**

*We acknowledge the Gunaikurnai people as the original custodians of this region.*

*All churches of the parish stand on the lands of the Gunaikurnai people.*

**Dean: The Very Reverend Keren Terpstra** 0438 220 878

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**Website:** stpaulssale.org.au **Facebook:** www.facebook.com/StPaulsCathedralSale

**YouTube:** St Paul's Cathedral Sale

**Cathedral Parish Vision:** *People of Christian faith –  
Encouraging connection between the Divine and the everyday.*

**30<sup>th</sup> March**  
**Lent 4**

## Sentence of Scripture

God has reconciled us to himself through Christ, and given us the ministry of reconciliation. *2 Corinthians 5.18*

## Prayer of the day

God of compassion,

you are slow to anger, and full of mercy,  
welcoming sinners who return to you with  
penitent hearts: receive in your loving embrace  
all who come home to you, and seat them at  
your bountiful table, that, with all your  
children, they may feast with delight on all that  
satisfies the hungry heart.

We ask this in the name of Jesus Christ our  
Saviour, who lives and reigns with you in the  
unity of the Holy Spirit, one God, for ever and  
ever. **Amen**

## Hope 25

God of hope,  
you fill those who trust in you  
with peace and joy:  
give us the gift of your Spirit  
so that we may overflow  
with the hope we have in Jesus,  
shine with his presence,  
and share the good news with  
others. **Amen**

## Holy Communion Services at St Paul's:

**Sundays - 8.00am and 10.00am** **Wednesdays - 10.00am** in the Lady Chapel

*Sunday Evenings* 3<sup>rd</sup> Sunday of the month @ 5pm **Contemplative Service**

Morning Prayer 9am on Fridays

## Outcentre Services:

**St Anne's Golden Beach** 10.30am 1<sup>st</sup> Sunday & 3<sup>rd</sup> Sunday of the month

**St Alban's Kilmany** 2.00pm 3<sup>rd</sup> Sunday of the month (Not in December or January)

**St Mark's Loch Sport** *Services only at Easter and Christmas*

**Zoom Links:** **Evening Prayer:** **Daily at 5.30pm - 6.00pm**

Meeting ID: 879 3927 8803 Passcode: Prayer

**Meditation:**

**Weekdays: silent Christian Meditation, 8.15am-8.45am**

Meeting ID: 809 497 711 Passcode: 600361

**Associate Priest/Hospital Chaplain: Rev'd Heather Toms 0400 512 217**

**[mhtoms@westnet.com.au](mailto:mhtoms@westnet.com.au)**

**Honorary Deacon Rev'd Kate Campbell 0402514829 [khcampbell55@gmail.com](mailto:khcampbell55@gmail.com)**

***Our parish is committed to ensuring our centres of worship and outreach are safe places for all, especially children and vulnerable people.***

***We have a duty of care to protect all who participate in the life of the church from abuse. We have zero tolerance for abuse of any kind.***

If you are concerned about your own or somebody else's safety, or have witnessed behaviour that makes you feel uncomfortable you can contact the Deputy Director of Professional Standards in the Gippsland Diocese, Julie Reilly Mobile: 0456 572 589 Email: [julie@kooyoora.org.au](mailto:julie@kooyoora.org.au) You may also like to talk to the Dean or the Lay Canons, or if this is a really serious matter, go directly to the police, and then to the above.

### **Cathedral Prayer Chain Requests**

Please contact Trish Broadbear 0418 104 840

**The prayer chain is for anyone in need of prayer**

***Please pray for our supported student Moses Baiduduga at Newton College PNG.***

### **A Reading from the Book of Joshua**

At that time the Lord said to Joshua, 'Make flint knives and circumcise the Israelites a second time.' So Joshua made flint knives, and circumcised the Israelites at Gibeath-haaraloth. This is the reason why Joshua circumcised them: all the males of the people who came out of Egypt, all the warriors, had died during the journey through the wilderness after they had come out of Egypt. Although all the people who came out had been circumcised, yet all the people born on the journey through the wilderness after they had come out of Egypt had not been circumcised. For the Israelites travelled for forty years in the wilderness, until all the nation, the warriors who came out of Egypt, perished, not having listened to the voice of the Lord. To them the Lord swore that he would not let them see the land that he had sworn to their ancestors to give us, a land flowing with milk and honey. So it was their children, whom he raised up in their place, that Joshua circumcised; for they were uncircumcised, because they had not been circumcised on the way. When the circumcising of all the nation was done, they remained in their places in the camp until they were healed. The Lord said to Joshua, 'Today I have rolled away from you the disgrace of Egypt.' And so that place is called Gilgal to this day. While the Israelites were encamped in Gilgal they kept the passover in the evening on the fourteenth day of the month in the plains of Jericho. On the day after the passover, on that very day, they ate the produce of the land, unleavened cakes and parched grain. The manna ceased on the day they ate the produce of the land, and the Israelites no longer had manna; they ate the crops of the land of Canaan that year.

*Joshua 5.2-12*

Hear the word of the Lord. **Thanks be to God.**

## Psalm 32

Blessed are those whose sin is forgiven:

**whose iniquity is put away.**

Blessed are those to whom the Lord imputes no blame:

**and in whose spirit there is no guile.**

For whilst I held my tongue:

**my bones wasted away with my daily complaining.**

Your hand was heavy upon me day and night:

**and my moisture was dried up like a drought in summer.**

Then I acknowledged my sin to you:

**and my iniquity I did not hide;**

I said 'I will confess my transgressions to the Lord':

**and so you forgave the wickedness of my sin.**

For this cause shall everyone that is faithful

make their prayer to you in the day of trouble:

**and in the time of the great water-flood,**

**it shall not come near them.**

You are a place to hide me in,

you will preserve me from trouble:

**you will surround me with deliverance on every side.**

'I will instruct you, and direct you in the way that you should go:

**I will fasten my eye upon you, and give you counsel.**

'Be not like horse or mule, that have no understanding:

**whose forward course must be curbed with bit and bridle.'**

Great tribulations remain for the ungodly:

**but whoever puts their trust in the Lord,**

**mercy embraces them on every side.**

Rejoice in the Lord, you righteous, and be glad:

**and shout for joy, all you that are true of heart.**

## A Reading from The Second Letter to the Corinthians

From now on, therefore, we regard no one from a human point of view; even though we once knew Christ from a human point of view, we know him no longer in that way. So if anyone is in Christ, there is a new creation: everything old has passed away; see, everything has become new! All this is from God, who reconciled us to himself through Christ, and has given us the ministry of reconciliation; that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting the message of reconciliation to us. So we are ambassadors for Christ, since God is making his appeal through us; we entreat you on behalf of Christ, be reconciled to God. For our sake he made him to be sin who knew no sin, so that in him we might become the righteousness of God. 2

*Corinthians 5.16-21*

Hear the word of the Lord.      **Thanks be to God.**

The Gospel of our Lord Jesus Christ according to Luke

**Glory to you Lord Jesus Christ.**

Then Jesus said, ‘There was a man who had two sons. The younger of them said to his father, “Father, give me the share of the property that will belong to me.” So he divided his property between them. A few days later the younger son gathered all he had and travelled to a distant country, and there he squandered his property in dissolute living. When he had spent everything, a severe famine took place throughout that country, and he began to be in need. So he went and hired himself out to one of the citizens of that country, who sent him to his fields to feed the pigs. He would gladly have filled himself with the pods that the pigs were eating; and no one gave him anything. But when he came to himself he said, “How many of my father’s hired hands have bread enough and to spare, but here I am dying of hunger! I will get up and go to my father, and I will say to him, ‘Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me like one of your hired hands.’ ” So he set off and went to his father. But while he was still far off, his father saw him and was filled with compassion; he ran and put his arms around him and kissed him. Then the son said to him, “Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.” But the father said to his slaves, “Quickly, bring out a robe—the best one—and put it on him; put a ring on his finger and sandals on his feet. And get the fatted calf and kill it, and let us eat and celebrate; for this son of mine was dead and is alive again; he was lost and is found!” And they began to celebrate. ‘Now his elder son was in the field; and when he came and approached the house, he heard music and dancing. He called one of the slaves and asked what was going on. He replied, “Your brother has come, and your father has killed the fatted calf, because he has got him back safe and sound.” Then he became angry and refused to go in. His father came out and began to plead with him. But he answered his father, “Listen! For all these years I have been working like a slave for you, and I have never disobeyed your command; yet you have never given me even a young goat so that I might celebrate with my friends. But when this son of yours came back, who has devoured your property with prostitutes, you killed the fatted calf for him!” Then the father said to him, “Son, you are always with me, and all that is mine is yours. But we had to celebrate and rejoice, because this brother of yours was dead and has come to life; he was lost and has been found.” ’ *Luke 15.11-32*

For the Gospel of the Lord. **Praise to you Lord Jesus Christ**

## Reflection

Today we read the familiar story about the Prodigal Son. For some of us it's easy to feel that we take on the role of the older son, always there, usually ignored. But the point of the story is to show us that God's love is there for us, no matter how much of a mess we have turned our lives into. When we're in the mud surrounded by the swine – a desperate situation for a pious Jew – we should remember that God is always willing to welcome us home with a warm embrace and a party.

- Pray that all who would benefit from returning to God would do so, firm in the knowledge that a warm welcome awaits.
- Give thanks for the work and witness of the Church of North India

Text: Robert McLean © Anglican Board of Mission, 2025



## Dean's Desk

On Friday we celebrated the annual Lady Day (Festival of the Annunciation) which sees MU members gather. Lindy Driver was commissioned as MU President, and Dean Spalding preached a cracking sermon. Later over lunch Cath Connelly delighted MU members with her harping - although I was still not well enough to stick around for this.

Saturday saw me leading a Songwriting workshop at St James' Traralgon. Participants were invited to write songs about hope that can potentially be used for the synod service this year, tying in with Hope25.

I want to thank the team, especially Kate, our permanent deacon, who stepped in last week to mostly lead the 8am service and to pull together the 10am service in my sudden absence due to illness. I am so thankful that we have a dependable group of Lay Readers and Liturgical Assistants who can adapt to last-minute circumstances.

Tomorrow, Monday 31st, we'll be welcoming the staff and students from St Anne's for their Easter service. Please be prayerful for me and Tim Morrison, the chaplain, as we share the Easter story with these kids, many of whom will never have heard it before.

This week I'll be taking some study leave; I have a training day in Melbourne on Thursday, and while I'll be doing the essential things like Alpha and the Sunday services next week, I'll be spending some time reading and thinking. Hopefully this will also give me a little extra time to recover (this flu thing knocked me for six)! I will also be available if there's anything urgent.

Thank you to those who have been out working in the garden at the back of the cathedral; the taming of the bushes has made a huge difference to the openness of the area.

Lastly, another plug for the Safe Ministry workshop on Saturday 5<sup>th</sup> from 9:30am-12:30pm. Thanks to those who have registered; it's not too late to do so or turn up.  
*Keren*

*Daylight saving ends next weekend, enjoy your extra hour!*

**Palm Sunday (13<sup>th</sup>) service is combined and at 9am.**

**Palm Cross making** 10am Saturday 12<sup>th</sup> April

Welcomer training postponed today.

Property Team meeting on Wednesday 9<sup>th</sup> at 4:30pm

Ministry Team meeting at 12noon Wednesday 9<sup>th</sup> for prayer for half an hour

Chapter on Sunday 13<sup>th</sup> April after the service Bishop coming to the service and to Chapter.

Please pray for the family of Robert Dunbar, his funeral is on Friday 4 April at St Paul's.

**Our church catering dates coming up:**

**April 15<sup>th</sup> (Tuesday)** Chrism catering lunch for 50 people help needed setting up, making salads, serving meal, cleaning up

**May 17/18 (Sat/Sun)** catering for approx 120 people We need 6 lots of 10 litres of soup, scones for morning tea and slices for afternoon tea on the Saturday. If you can help with any of these please talk to Nancy after church or 0417554435

**Wanderers:** Lunch: Lakeside noon Friday 4<sup>th</sup> April and Rosedale Hotel 18<sup>th</sup> April.  
Coffee and chat: Shirleys 10am Thursday 10<sup>th</sup> April

**Mission of the Month: ABM Lent / Good Friday envelopes** out , as well as new regular offering envelopes.

**Becoming Economically Empowered part 2**

Lyn, Ofelia, and Rosalinda are members of Songcolan Seashore Livelihood Association (SSLA) in Batan Island in Aklan. They plant propagules of 'bakhaw' trees, a common mangrove tree species found in their locality. SSLA is a community organisation working with E-CARE, one of ABM AID's partners in the Philippines. In addition to their work in environmental protection, the women engage in E-CARE's Receivers to Givers program, which works with the strengths of the community to get access to cheap capital and then pass that opportunity on to others. SSLA works with their barangay's (local township's) Department of Environment and Natural Resources, particularly in mangrove protection and regeneration. SSLA is strongly supported by the barangay. Its most recent project with E-CARE, a rainwater catchment built around the roofing of the barangay hall, provides clean water to more than 50 households.

It's wonderful to be able to support women to flourish as they build peace in homes and communities, gain confidence in the wider world and become economically empowered. It's also great to play a part in supporting communities to be restored to wholeness after being trained in how to end gender-based violence and other injustices against women and girls.

You can be part of this work too. Your gift to ABM AID's Lent Appeal 2025 will ensure more women and their communities can benefit from the work of our partners. Join with ABM AID and our partners to see the vision of the Fourth Mark of Mission become a reality.



## **Domestic Violence Sunday: Hope & Light. May 4th, 2025 -**

This is a day dedicated to building awareness of domestic and family violence, exploring solutions, and contributing to a national giving initiative to resource the church's work. This is a new national Anglican initiative.

**Internet Bank Transfer: Cathedral's ministry and mission**  
BSB 013-795 Account no: 4962-98866 Ref: Offering etc.

### **Sunday Bulletin / Web/ Facebook contact:**

Christine Morris OAM 0438 595 056 [cmorris@wideband.net.au](mailto:cmorris@wideband.net.au)

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## **Gippsland Camino 2025**

Over centuries people have used walking as a way of integrating their mind, heart, body and soul. Walk with us on a Gippsland Camino from the 1-4 May 2025 along the Gippsland Plains Rail Trail. During this time, the churches along the Gippsland Rail Trail from Traralgon to Stratford will support you spiritually and physically

Please register for this event: <https://events.humanitix.com/gippsland-camino>

Enquiries: Janet Wallis Ph 0417 030 768 or email: [janetwal@bigpond.net.au](mailto:janetwal@bigpond.net.au)

# **HOPE25**

HOPE IN AN UNCERTAIN WORLD

## **Mothering Sunday    Laetare Sunday    Refreshment Sunday**

Laetare means 'rejoicing'. The name comes from the first words of the Eucharist that have been used down the centuries Laetare, Jerusalem 'Rejoice Jerusalem'. In the midst of our Lenten discipline we are reminded that the purpose of it all is to be in the joy of the Lord. In some churches the vestments change from sombre violet to deep rose signalling the ending weeks of Lent and the approaching joy of Easter. In some parts of Europe the severe fast was broken on this day to include meat and sweets, like the **Simnel cake** we offer today. The word **simnel** comes from the Latin *simila*, meaning a finely ground flour (from which 'semolina' also derives).

Even dating as far back as the Middle Ages, Europeans honoured their mothers on the fourth Sunday of Lent, otherwise known as Mothering (or Simnel) Sunday. This was the one day each year when the European laborers, apprentices, and servants were allowed a holiday to return home and honour their mothers. Their Lenten fast was allowed to be broken, and all children would bake their mothers a special type of cake, a fruit cake with marzipan, that would then be enjoyed by the entire family on their day of rest. This was a special time and often the only time older children would see their mothers all year, which made it all the more important and special.

Conventionally, 11 marzipan balls are used to decorate the cake, symbolising the 12 apostles minus Judas Iscariot. Occasionally, 12 are used, representing Jesus and the 11 apostles.

**In our Anglican heritage this Sunday is known as Mothering Sunday** as traditionally, Mothering Sunday applied to the pilgrimage to the 'Mother' church of the Diocese - the cathedral, or to the nearest important regional church called *minsters*. These larger *minsters* were staffed by a college of priests. This was when many made their confession in preparation for Easter. It also became a time of family reunion, as people returned to where they were baptised etc.

On Mothering Sunday we must not forget that we belong to a spiritual family. We are not a parish all on our own, we belong to a diocese, and that diocese belongs to a province, and that province to a national Church. In turn that national Church is a sister Church in a world family.

**Many thanks to Jan Blake for making the simnel cake for us all to enjoy.**